



HAL
open science

Food limitation of juvenile marine fish in a coastal and estuarine nursery

Erwan Saulnier, Hervé Le Bris, Adrien Tableau, Jean-Claude Dauvin, Anik Brind'amour

► To cite this version:

Erwan Saulnier, Hervé Le Bris, Adrien Tableau, Jean-Claude Dauvin, Anik Brind'amour. Food limitation of juvenile marine fish in a coastal and estuarine nursery. *Estuarine, Coastal and Shelf Science*, 2020, 241, 10.1016/j.ecss.2020.106670 . hal-02644325

HAL Id: hal-02644325

<https://normandie-univ.hal.science/hal-02644325>

Submitted on 22 Aug 2022

HAL is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers.

L'archive ouverte pluridisciplinaire **HAL**, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d'enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.



Distributed under a Creative Commons Attribution - NonCommercial 4.0 International License

1 **Food limitation of juvenile marine fish in a coastal and estuarine nursery**

2

3 **Saulnier E.**^{1,2*}, Le Bris H.², Tableau A.³, Dauvin J.C.⁴, Brind'Amour A.¹

4

5 ¹ IFREMER, Unité EMH, Rue de l'île d'Yeu, B.P. 21105, 44311 Nantes Cedex 03, France

6 ² ESE, Ecology and Ecosystem Health, INRA, AGROCAMPUS OUEST, 35042, Rennes, France

7 ³ Office Français de la Biodiversité, 8, Boulevard Albert Einstein, CS 42355, 44323, Nantes Cedex 3,

8 France

9 ⁴ Normandie Université, UNICAEN, UNIROUEN, Laboratoire Morphodynamique Continentale et

10 Côtière, CNRS UMR 6143 M2C, 24, rue des Tilleuls, 14000, Caen, France

11 * Corresponding author

12

13 **E-mail:**

14 E. Saulnier: erwan.saulnier@agrocampus-ouest.fr

15 A. Brind'Amour: Anik.Brindamour@ifremer.fr

16 A. Tableau: adrien.tableau@gmail.com

17 J.C. Dauvin: jean-claude.dauvin@unicaen.fr

18 H. Le Bris: herve.le.bris@agrocampus-ouest.fr

19

20 **Journal:** *Estuarine, Coastal and Shelf Science*

21

22 **Suggested reviewers:**

23 Dr. Richard Nash: richard.nash@imr.no

24 Prof. Marcus Sheaves: marcus.sheaves@jcu.edu.au

25 Dr. Benjamin Ciotti: benjamin.ciotti@plymouth.ac.uk

26 Prof. Robert Latour: latour@vims.edu

27

28 **Keywords:** Food limitation, nursery, juvenile fish, predatory invertebrates, macrofauna, English

29 Channel

30

31 **Highlights**

- 32 • Annual macrobenthic food production varied greatly from 2008-2010.
- 33 • Food consumption by young-of-the-year fish followed a fairly similar pattern.
- 34 • Predatory invertebrates consumed as much food as juvenile fish.
- 35 • Exploitation efficiency of the epibenthic predator community reached ~30% in 2009.
- 36 • Food supply may limit juvenile fish production in the Seine nursery.

37

38 **Abstract**

39 Despite their importance for species conservation and sound management of exploited living
40 resources, the density-dependent mechanisms that regulate wild populations are among the least
41 understood process in ecology. In many marine fish species, there is strong evidence that regulation
42 occurs at the juvenile stage, when individuals concentrate in spatially restricted nurseries. However,
43 little is known about the underlying mechanisms. Whether competition for food resources determines
44 fish growth and survival is particularly controversial. We investigated whether food supply may have
45 limited juvenile fish production (integrating both growth and survival) in a coastal and estuarine nursery
46 in western Europe. Using a recent bioenergetics-based approach, we calculated annual macrobenthic
47 food production (FP) and annual food consumption (FC) by juvenile fish and predatory invertebrates
48 for three consecutive years (2008-2010). We also calculated exploitation efficiency (FC:FP) and used
49 it as an index of food limitation. Results revealed substantial interannual variations in FP (FP ~2-3
50 times higher in 2008 and 2010 than in 2009). FC by young-of-the-year fish followed a fairly similar
51 pattern. In addition, predatory invertebrates consumed as much food as juvenile fish, highlighting the
52 need to consider all dominant epibenthic predators when estimating the overall predation pressure on
53 macrobenthic prey. Lastly, exploitation efficiency of the entire epibenthic predator community reached
54 ~30% in 2009, which is relatively high despite the conservative modeling approach. Overall, these
55 results suggest that food supply may have limited juvenile fish production during the study period, at
56 least in 2009. Nonetheless, further studies based on longer time-series and/or other study sites are
57 required to strengthen these findings.

58 **1. Introduction**

59 Understanding the processes that regulate the abundance of wild populations is a primary goal in
60 ecology, with direct implications for species conservation and sustainable management of exploited
61 living resources (Hixon et al. 2002; Koons et al. 2015). In coastal and estuarine ecosystems,
62 individuals from many fish species concentrate during the juvenile stage in spatially restricted
63 nurseries (Beck et al. 2001). Although there is strong evidence that this concentration results in
64 density-dependent regulation (Myers and Cadigan 1993; Iles and Beverton 2000; Minto et al. 2008),
65 the underlying processes remain poorly understood (Hixon and Jones 2005; van Poorten et al. 2018).
66 Competition for limiting resources and predation are often cited as the ultimate factors that cause
67 density-dependent growth and survival (Post et al. 1999). Since predation pressure on juvenile fish is
68 generally accepted as low in coastal nurseries (Bergman et al. 1988; Nash and Geffen 2000; Gibson
69 et al. 2002; Litvin et al. 2018), competition for limiting resources, particularly food, seems more likely.
70 Competition occurs when individuals of one or more species utilize common resources that are in
71 short supply (Birch 1957). Hence, it is closely related to the carrying capacity of ecosystems (Hollowed
72 et al. 2000), which is determined by the strength of intra- and interspecific density dependence (Brown
73 et al. 2018). In marine ecosystems, most benthic-demersal fish species are considered opportunistic
74 predators (Hunsicker et al. 2011). Even though food partitioning exists and may reduce competition
75 among fish (Besyst et al. 1999; Darnaude et al. 2001), many species likely share a common pool of
76 prey, particularly during their juvenile stage (Dolbeth et al. 2008; Schücker et al. 2012). Therefore, the
77 amount of food available to each individual is ultimately affected by what the others consume,
78 suggesting both intra- and interspecific competition in fish nurseries (Nunn et al. 2012). However,
79 evidence that food supply actually limits juvenile fish production is rare, and the “food limitation
80 hypothesis” remains controversial (Le Pape and Bonhommeau 2015).

81 In temperate ecosystems, juvenile marine fish concentrate in nursery grounds from late spring to
82 early fall, when the biomass of macrobenthic prey peaks (Beukema 1974; Saulnier et al. 2019).
83 Nonetheless, because the food supply varies annually, notably due to environmental fluctuations
84 (Holland et al. 1987; Dolbeth et al. 2011), it may regulate production of juvenile fish, at least when
85 settlement is high and/or prey availability is low (Nash et al. 2007; Le Pape and Bonhommeau 2015).
86 Population regulation operates through changes in life-history traits such as growth, condition and
87 survival (Andersen et al. 2017). Therefore, many studies investigated whether food was limiting by

88 comparing the growth rate observed in the field to optimal growth rates predicted by experimental or
89 bioenergetic models (Amara et al. 2001; van der Veer et al. 2010; Freitas et al. 2011; Selleslagh and
90 Amara 2013). However, this approach has some disadvantages. For example, observed growth rates
91 often remain nearly optimal, even when food is limiting, because slow-growing individuals have lower
92 survival and are thus rarely sampled (Le Pape and Bonhommeau 2015). Another approach is to
93 correlate time-series of food supply and fish abundance, fish condition or survival (Beaugrand et al.
94 2003; Okamoto et al. 2012; Latour et al. 2017), but long-term datasets with both prey and predator
95 indices are rarely available. Alternatively, the extent to which food is limiting can be inferred directly
96 from the proportion of prey production that is consumed by their predators (Evans 1983; Boisclair and
97 Leggett 1985; Collie 1987; Vinagre and Cabral 2008).

98 In the present study, we used this third approach to investigate whether competition for food
99 may limit juvenile fish production in coastal and estuarine nurseries. We focused on the outer Seine
100 estuary and the eastern Bay of Seine, in western Europe. This area is an important nursery ground for
101 many species that support commercial fisheries (Rochette et al. 2010, 2013; Archambault et al. 2016).
102 Like many estuarine ecosystems, this area experiences strong natural and anthropogenic stress
103 (Elliott and Quintino 2007), especially due to pollution and coastal development (Dauvin 2008; Tecchio
104 et al. 2015). In particular, its area of essential shallow and productive habitats has decreased
105 significantly over the past century due to the progressive extension of Le Havre harbor, dike
106 construction and channel dredging (Dauvin et al. 2006; Le Pape et al. 2007). Despite recent efforts to
107 reverse some anthropogenic changes (Ducrotoy and Dauvin 2008), this lasting morphological
108 alteration likely decreased the carrying capacity of the Seine estuary (e.g. for the common sole *Solea*
109 *solea*, Rochette et al. 2010, Archambault et al. 2018) and may have exacerbated competition among
110 juvenile fish.

111 To this case study, we applied a bioenergetics-based approach recently developed to
112 investigate the food limitation hypothesis in estuarine and coastal nurseries (Tableau et al. 2019).
113 Rather than searching for potential changes in life-history traits induced by food limitation (e.g.
114 condition, growth), this approach directly estimates whether the food supply is sufficient to support the
115 energy requirements of the predator community. Using literature and field data from scientific surveys,
116 we estimated an exploitation efficiency (EE), defined as the ratio of food consumption (FC) by
117 epibenthic predators to macrobenthic food production (FP). This ratio was used as an index of food

118 limitation in coastal nurseries. While the method originally focused on juvenile fish, we extended it to
119 include the amount of food consumed by epibenthic predatory invertebrates commonly found in
120 estuarine and coastal ecosystems. Our goal was three-fold: (1) assess interannual (2008-2010) and
121 spatial (among strata) variations in FP and FC by epibenthic predators, (2) compare the FC by juvenile
122 fish and predatory invertebrates and (3) quantify how much food was consumed annually by the
123 epibenthic predator community, thus providing new insight into food limitation for juvenile fish in
124 coastal and estuarine nurseries.

125

126

127 **2. Materials and methods**

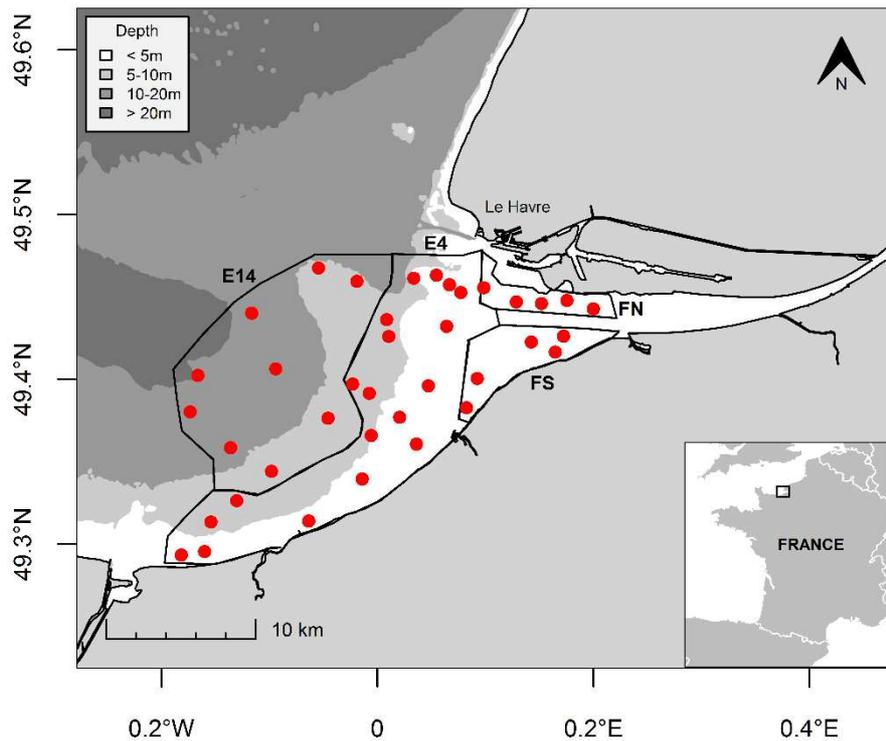
128 **2.1. Study area**

129 The outer Seine Estuary and the adjacent eastern Bay of Seine are located in the English
130 Channel on the northwest coast of France, western Europe (Fig. 1). This macrotidal area (the “Seine
131 nursery”), has a tidal range of ~7 m near Le Havre harbor and a mean river flow of ~470 m³.s⁻¹ at the
132 entrance of the estuary, with high intra- and inter-annual variations in river discharge (Dauvin et al.
133 2017; Romero et al. 2018). The study site covers a subtidal shallow (mean depth = 8.2 m) area of 360
134 km², characterized by muddy-fine sand sediments and composed mostly of polyhaline waters in the
135 outer estuary and euhaline waters in the bay (Thiébaud et al. 1997; Savoye et al. 2003). The mean
136 annual sea bottom temperature during our study period was 12.8°C.

137

138 **2.2. Data collection and selection**

139 Epibenthic predators and their macrobenthic prey were sampled from 2008-2010 in late
140 summer using a stratified random sampling design, with stratification based on bathymetry and
141 sediment composition (Tecchio et al. 2015). The study site was divided into four strata that covered
142 the area sampled each year from 2008-2010: FN and FS in the outer Seine estuary and E4 and E14 in
143 the eastern Bay of Seine (Fig. 1). The navigation channel, separating FN and FS, was excluded since
144 it was sampled only in 2008. All strata were sampled using both grab and trawl devices.



145
 146 Fig. 1. Location of the sampling stations (n = 38) in the four strata of the study site: FN, FS (outer
 147 Seine estuary), E4 and E14 (eastern Bay of Seine). Red dots indicate the mean coordinates of each
 148 trawl haul, where the grab was deployed.

149

150 2.2.1. Grab sampling survey

151 Macro-benthic invertebrates were sampled using a 0.1 m² grab (Van Veen or Smith-MacIntyre)
 152 at 38 stations in 2008 (early October) and 2009 (early September) and 32 stations in 2010 (12 in early
 153 September, 20 in late November). Three to five replicates were collected at each station and sieved on
 154 board through a 1 mm mesh sieve using seawater. The material retained was fixed with a 10%
 155 buffered formaldehyde solution. In the laboratory, retained organisms were identified to the lowest
 156 possible taxonomic level (usually species), counted and weighed. Dry mass per taxon was determined
 157 by weighing the samples after drying at 60°C for 72 h. Then, ash-free dry mass (AFDM) was
 158 determined as dry mass minus ash mass after combusting the dried samples in a muffle furnace at
 159 500°C for 6 h. Biomass and abundance were recorded in 2008 and 2010, while only abundance was
 160 recorded in 2009. Thus, biomass per taxon in 2009 was estimated for each sample as $B_i = A_i \cdot W_i$,
 161 where B_i and A_i are the biomass and abundance of taxon i , respectively, and W_i is the mean
 162 individual body mass of taxon i averaged over all samples collected in both 2008 and 2010. Replicates

163 were pooled for each station, and biomass was expressed as g AFDM.m⁻² and abundance as
164 individuals.m⁻². We verified that the results obtained in 2009 were robust and were not an artefact of
165 the method used to estimate the macrobenthic biomass that year (Supplement S1).

166

167 **2.2.2. Prey selection**

168 Juvenile fish and epibenthic invertebrate predators are considered opportunistic feeders
169 (Besyst et al. 1999; Cabral et al. 2002; van der Veer et al. 2011). Thus, we used a conservative
170 approach by considering all macrobenthic taxa found in grab samples as potential prey, except for
171 *Asterias rubens*, *Echinocardium cordatum*, and *Crepidula fornicata*, which were never observed in gut
172 contents (unpubl. data). We also excluded rare taxa (sampled at a single station and/or during a single
173 year), which added little to the analysis. We also excluded shrimp-like species (e.g. *Crangon crangon*,
174 *Processa* spp.), even though these taxa were more frequent (occurrence ≥ 2), because their
175 abundance and biomass were always extremely low due to grab's difficulty in catching these mobile
176 invertebrates. Finally, we excluded taxa with a mean body mass ≥ 0.1 g AFDM (~ equivalent to a
177 length ≥ 16 mm; Supplement S2) at each station since they were considered too large to be prey
178 (Tableau et al. 2015). Overall, we retained 147 prey taxa that represented, on average, 81% by mass
179 and 99% by abundance of the total catch (excluding *A. rubens*, *E. cordatum* and *C. fornicata*).

180

181 **2.2.3. Trawl sampling survey**

182 The epibenthic predator community was sampled at 38 stations using a 2.9-m beam trawl with
183 a 20-mm mesh in the cod-end and one tickler chain (in late September in 2008 and 2009, and late
184 August in 2010). Each haul, performed during daytime with the same trawl towed by a research vessel
185 at a mean speed of 2.5 knots, covered a mean area of 3250 m², except in the FN strata, where it was
186 replaced with a 2-m beam trawl with the same characteristics (20-mm mesh in the cod-end, 1 tickler
187 chain) to sample four shallow stations. In 2009, the hauling operation failed at one station, and the
188 corresponding haul was thus excluded. All individuals caught in the net were identified, counted and
189 weighed by species on board. Fish were measured to the nearest 1 cm total length and separated into
190 age groups by reading otolith increments (for commercial species) or using length-frequency
191 distributions (Supplement S5).

192

193 2.2.4. Predator selection

194 We focused on the dominant epibenthic predators of the Seine nursery that feed at least partly
195 on macrobenthic invertebrates. To this end, we selected seven benthic-demersal fish species
196 (common sole *S. solea*, European plaice *Pleuronectes platessa*, common dab *Limanda limanda*,
197 common dragonet *Callionymus lyra*, whiting *Merlangius merlangus*, bib *Trisopterus luscus* and sand
198 goby *Pomatoschistus minutus*) observed mostly at the juvenile stage (young-of-the-year (G0) and G1)
199 and seven predatory invertebrate species (common sea star *A. rubens*, brown shrimp *C. crangon*,
200 shore crab *Carcinus maenas*, swimming crabs *Liocarcinus holsatus*, *Liocarcinus vernalis* and
201 *Liocarcinus depurator*, and velvet crab *Necora puber*). These species represented, on average, 80%
202 and 90% of the total catch of benthic-demersal fish and predatory invertebrates by mass, respectively.
203 For fish species, we restricted analysis to the size range corresponding to the period during which fish
204 actively feed on macrofauna. FC by fish < 5 cm was thus ignored, since they feed primarily on
205 meiofauna (Pihl 1985; Gee 1989; del Norte-Campos and Temming 1994; Amara et al. 2001). All
206 predatory invertebrates caught in the net were assumed to be large enough to feed actively on
207 macrofauna.

208

209 2.3. Estimating macrobenthic food production

210 FP of macrobenthic prey (kJ.yr⁻¹) was estimated as follows:

$$211 \quad FP = \sum_{j \in 1:J^{\text{th}} \text{ prey species}} CR \cdot B_j \cdot P: B_j \cdot (1 + R_j) \cdot E_j$$

212 where CR is a seasonal ratio (unitless) that converts macrobenthic biomass into mean annual biomass
213 (estimated from Saulnier et al. 2019; Supplement S3), B_j is the total biomass observed during the
214 survey (g AFDM), $P: B_j$ is the production-to-biomass ratio (yr⁻¹) estimated using an empirical model
215 (Brey 2012), R_j is a regeneration coefficient (unitless) that represents somatic regeneration after
216 sublethal predator cropping (Tableau et al. 2015) and E_j is the energy density (kJ.g AFDM⁻¹) from a
217 global database (Brey et al. 2010) that converts biomass into energy for prey species j .

218 For each species j , total biomass B_j (g AFDM) in the study area was estimated as follows:

$$219 \quad B_j = \sum_{k \in 1:4} \bar{B}_{j,k} \cdot \alpha_k$$

220 where $\bar{B}_{j,k}$ is the mean biomass (g AFDM.m⁻²) of species j recorded during the survey in stratum k,
221 and α_k is the area (m²) of stratum k.

222 To calculate FP, we implicitly assumed that juvenile fish and large epibenthic invertebrates shared a
223 single pool of macrobenthic prey, since these predatory species are considered opportunistic feeders
224 (van der Veer et al. 2011).

225

226 **2.4. Estimating food consumption by epibenthic predators**

227 FC corresponds to the amount of macrobenthic food items consumed annually by the
228 epibenthic predators in the nursery grounds. FC (kJ.yr⁻¹) is derived from the production of each
229 predator and the proportion of macrofauna in its diet, as follows:

$$230 \quad FC = \sum_{i \in 1:i^{\text{th}} \text{ predator}} P_i \cdot DC_i \cdot E_i \cdot \frac{1}{K_i}$$

231 where P_i is the production of predator i (g.yr⁻¹), DC_i is the proportion of benthic macrofauna in its diet,
232 E_i is its energy density (kJ.g⁻¹) and K_i is its gross conversion efficiency, defined as its
233 production:consumption ratio (Christensen et al. 2005). Parameters DC_i , E_i and K_i were derived from
234 the literature (Table 1, Supplement S6). Two methods were used to calculate the P_i of juvenile fish and
235 predatory invertebrates, depending on their residence time in the nursery and the availability of cohort
236 data.

237

238 **2.4.1. Production of juvenile fish**

239 Many fish species use coastal shallow waters as a nursery ground during the juvenile stage
240 before moving offshore after maturation (Beck et al. 2001). They feed on macrobenthic prey only
241 during a certain period. For instance, they prey primarily upon meiofauna shortly after settlement and
242 progressively shift to macrofauna as they grow (e.g. Gee 1989; Amara et al. 2001). Following Tableau
243 et al. (2019), we calculated fish production using a cohort-based method that explicitly includes
244 ontogenic feeding shifts and residence time in the nursery. The P (g.m⁻²) of each fish cohort in the
245 nursery was calculated as follows:

$$246 \quad P = \sum_{d \in d_0:D} \frac{n_{d+1} + n_d}{2} \cdot (w_{d+1} - w_d)$$

247 where d_0 and D are the first and the last day of its growth period, respectively, during which fish feed
 248 on macrofauna, n_{d+1} and n_d are the number of individuals (m^{-2}) on days $d + 1$ and d , and w_{d+1} and
 249 w_d are mean individual body weight (g) on the same consecutive days.

250 Date d_0 was estimated as:

$$251 \quad d_0 = \frac{L_{d_0} - L_s}{G} + s$$

252 where s is the date of the survey, L_{d_0} is the mean length (mm) of a fish cohort on day d_0 , L_s is its
 253 mean length (mm) observed on day s and G is the mean daily growth rate ($mm \cdot day^{-1}$) of the fish
 254 species derived from the literature (Table 1, Supplement S6).

255 Date D corresponds to the end of the main growth period in the nursery, which is autumn in temperate
 256 ecosystems (van der Veer et al. 1990; Rogers 1994; Bouchereau and Guelorget 1998) and was set to
 257 31 October (Jung et al. 2017). Length L_{d_0} was set to 50 mm for G0 fish (see section 2.2.). Assuming
 258 negligible growth during winter, L_{d_0} of G1 fish was set to the L_D of G0 fish in the previous year, where
 259 L_D is the length estimated on day D for each species. Since no data were available in 2007, L_{d_0} of G1
 260 fish in 2008 was set to the L_D of G0 fish averaged over 2008-2010.

261 For each cohort, the number of individuals n_d and mean body weight w_d on day d were calculated
 262 using catch efficiency, daily growth rate and daily mortality rate from the literature (Table 1,
 263 Supplement S6) and survey data, as follows:

$$264 \quad n_d = \frac{C_s}{q} \cdot e^{-(d-s)Z}$$

265 where C_s is the total number of individuals in the study area on day s , q is the catch efficiency
 266 (unitless) and Z is the daily mortality rate (day^{-1}).

267 The total number of individuals C_s in the study area was estimated as follows:

$$268 \quad C_s = \sum_{k \in 1:4} \bar{C}_{s,k} \cdot \alpha_k$$

269 where $\bar{C}_{s,k}$ is the mean density ($ind \cdot m^{-2}$) recorded during the survey in stratum k and α_k is the area of
 270 stratum k (m^2).

271 Mean body weight w_d (g) was calculated as follows:

$$272 \quad w_d = a \cdot [L_s + (d - s) \cdot G]^b$$

273 where a and b are coefficients of the length-weight relationship estimated using local survey data, L_s
274 is the mean length (mm) of a fish cohort collected during the survey on day s, and G is the mean daily
275 growth rate of a fish species during its main growth period (mm.day⁻¹).

276

277 **2.4.2. Production of epibenthic predatory invertebrates**

278 Unlike the size of juvenile fish, that of epibenthic predatory invertebrates was not measured
279 during the surveys, which prevented application of a cohort- or size-based method to calculate their
280 annual production. Instead, we calculated the annual production P (g.y⁻¹) of each invertebrate species
281 using a population-based method, as follows:

$$282 \quad P = \frac{1}{q} \cdot B \cdot P:B$$

283 where q is catch efficiency (unitless) obtained from the literature (Table 1, Supplement S6), B is the
284 total biomass of the species in the study area during the survey (g) and P:B is its production-to-
285 biomass ratio (y⁻¹) estimated using an empirical model (Brey 2012; Supplement S4).

286 For each species, total biomass B (g) in the study area was estimated as:

$$287 \quad B = \sum_{k \in 1:4} \bar{B}_k \cdot \alpha_k$$

288 where \bar{B}_k is mean biomass (g.m⁻²) of the species recorded during the survey in stratum k and α_k is the
289 area (m²) of stratum k.

290 Unlike the biomass of macrobenthic prey, that of predatory invertebrates recorded in late summer was
291 not corrected for seasonality since it was unclear whether it varies seasonally in nearshore areas (Hinz
292 et al. 2004; Reiss and Kröncke 2004, and local unpubl. data).

293

294 **2.5. Exploitation efficiency and uncertainty analysis**

295 We quantified the percentage of macrobenthic production consumed annually by the main
296 epibenthic predators from 2008-2010 as EE (%), equal to (FC/FP) · 100. We also performed Monte-
297 Carlo simulations to quantify uncertainty in estimates of EE. Variables and parameters used to
298 estimate EE were separated into three categories (Tableau et al. 2019). Those with high and
299 quantifiable uncertainty were defined using probability distributions (Supplement S7). They included
300 fish abundance Cs, biomass B and P:B ratios of invertebrate predators and macrobenthic prey, the
301 seasonal coefficient CR, and the energy density E and gross conversion efficiency K of epibenthic

302 predators. Other variables or parameters were set to fixed values, either because their uncertainty was
 303 assumed to be low (e.g., local survey data collected at the species level; second category) or not
 304 quantifiable due to the lack of literature data (third category). For the third category, we used a
 305 conservative approach by selecting values that would underestimate EE. Finally, we calculated EE by
 306 randomly sampling from the probability distributions of each variable and parameter (10 000
 307 iterations). We calculated EE of the young-of-the-year fish community (G0), all juvenile fish (G0 and
 308 G1) and all epibenthic predators (fish and invertebrates). All analyses were performed using the
 309 statistical software R (version 3.3.3, R Core Team 2017).

310

311 Table 1. Parameters used to calculate food consumption by epibenthic predators. Most data came
 312 from Tableau et al. (2019), Jung et al. (2017), Reiss et al. (2006), and references therein. See
 313 Supplement S6 for details. DC: proportion of benthic macrofauna in the diet, E: energy density, K:
 314 gross conversion efficiency, q: catch efficiency, G: daily growth rate, and Z: daily mortality rate. DC, K
 315 and q are unitless.

316

Group	Species	Age group	DC	E (kJ.g ⁻¹)	K	q	G (mm.d ⁻¹)	Z (d ⁻¹)
Fish	<i>Solea solea</i>	0 - I	0.95	5.74	0.197	0.257	0.057	0.0179 - 0.0103
	<i>Pleuronectes platessa</i>	0 - I	0.95	5.74	0.316	0.380	0.060	0.0171 - 0.0096
	<i>Limanda limanda</i>	0 - I	0.95	5.74	0.316	0.380	0.049	0.0187 - 0.0115
	<i>Callionymus lyra</i>	0 - I	0.95	5.78	0.321	0.450	0.052	0.0151 - 0.0099
	<i>Pomatoschistus minutus</i>	I	0.35	5.78	0.321	0.580	0.015	0.0128
	<i>Trisopterus luscus</i>	0	0.15	4.66	0.385	0.500	0.083	0.0077
	<i>Merlangius merlangus</i>	0	0.15	4.66	0.385	0.500	0.079	0.0076
Invertebrates	<i>Asterias rubens</i>	-	0.30	2.41	0.330	0.46	-	-
	<i>Crangon crangon</i>	-	0.30	4.13	0.201	0.40	-	-
	<i>Carcinus maenas</i>	-	0.40	3.22	0.258	0.20	-	-
	<i>Liocarcinus</i> spp.	-	0.40	3.22	0.258	0.20	-	-
	<i>Necora puber</i>	-	0.30	3.22	0.258	0.20	-	-

317

318

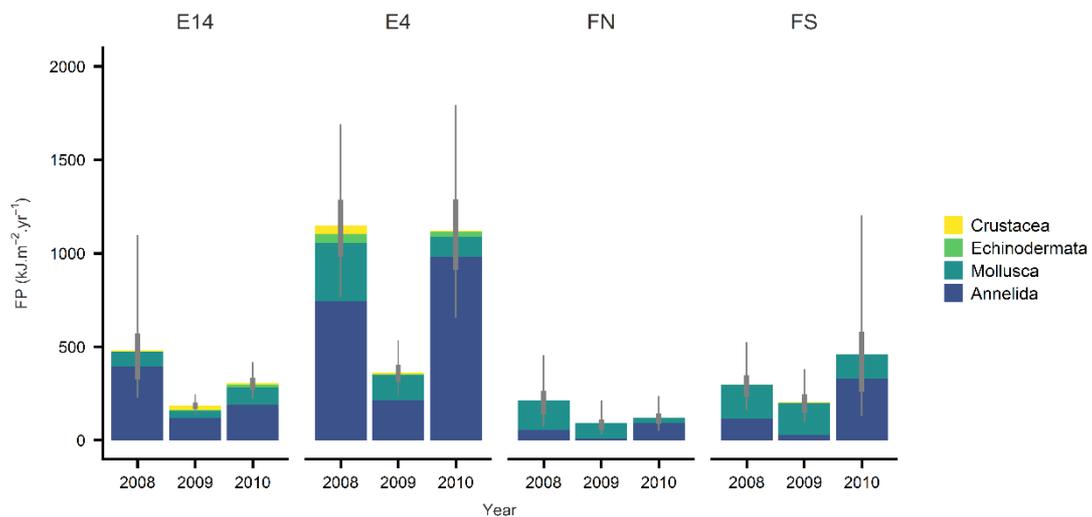
319 3. Results

320 3.1. Macrobenthic food production

321 Macrobenthic FP showed a clear interannual pattern from 2008-2010 in the Seine nursery,
 322 being ~2-3 times higher in 2008 and 2010 (752 and 673 $\text{kJ}\cdot\text{m}^{-2}\cdot\text{yr}^{-1}$, respectively) than in 2009 (262
 323 $\text{kJ}\cdot\text{m}^{-2}\cdot\text{yr}^{-1}$). This pattern was relatively pronounced but observed in all strata (Fig. 2) and obvious at
 324 the scale of the study site (Fig. 3a). The largest variation in FP was recorded in stratum E4, which was
 325 the most productive (FP of ~1100 $\text{kJ}\cdot\text{m}^{-2}\cdot\text{yr}^{-1}$ in 2008 and 2010). Since stratum E4 is also the largest
 326 (160 km^2), it produced most of the macrobenthic food (62-74% of total FP from 2008-2010).

327 In addition to its spatial heterogeneity, FP also showed strong dominance of certain taxa (Fig.
 328 2, Fig. 3a), especially annelids (mainly sedentary polychaetes) and, to a lesser extent, mollusks
 329 (mainly bivalves). Hence, the interannual pattern in FP observed from 2008-2010 was driven by
 330 interannual variations of a few macrobenthic species (Table S4), especially the tube-dwelling
 331 polychaete *Owenia fusiformis*, whose production represented 45%, 23% and 60% of total FP in 2008,
 332 2009 and 2010, respectively. Collectively, the polychaetes *Lagis koreni*, *Magelona johnstoni* and
 333 *Lanice conchilega* and the bivalves *Abra alba* and *Phaxas pellucidus* also represented a high
 334 percentage of total FP in the Seine nursery (19%, 31% and 14% in 2008, 2009 and 2010,
 335 respectively). Conversely, the FP of crustaceans (e.g. amphipods) and echinoderms (e.g. ophiurids)
 336 was marginal (< 6% and < 3%, respectively, from 2008-2010).

337



338

339 Fig. 2. Food production (FP, $\text{kJ}\cdot\text{m}^{-2}\cdot\text{yr}^{-1}$) by taxon in each stratum of the study site from 2008-2010.
 340 Thick and thin gray lines represent 50% and 95% confidence intervals, respectively, estimated using
 341 Monte-Carlo simulations.

342

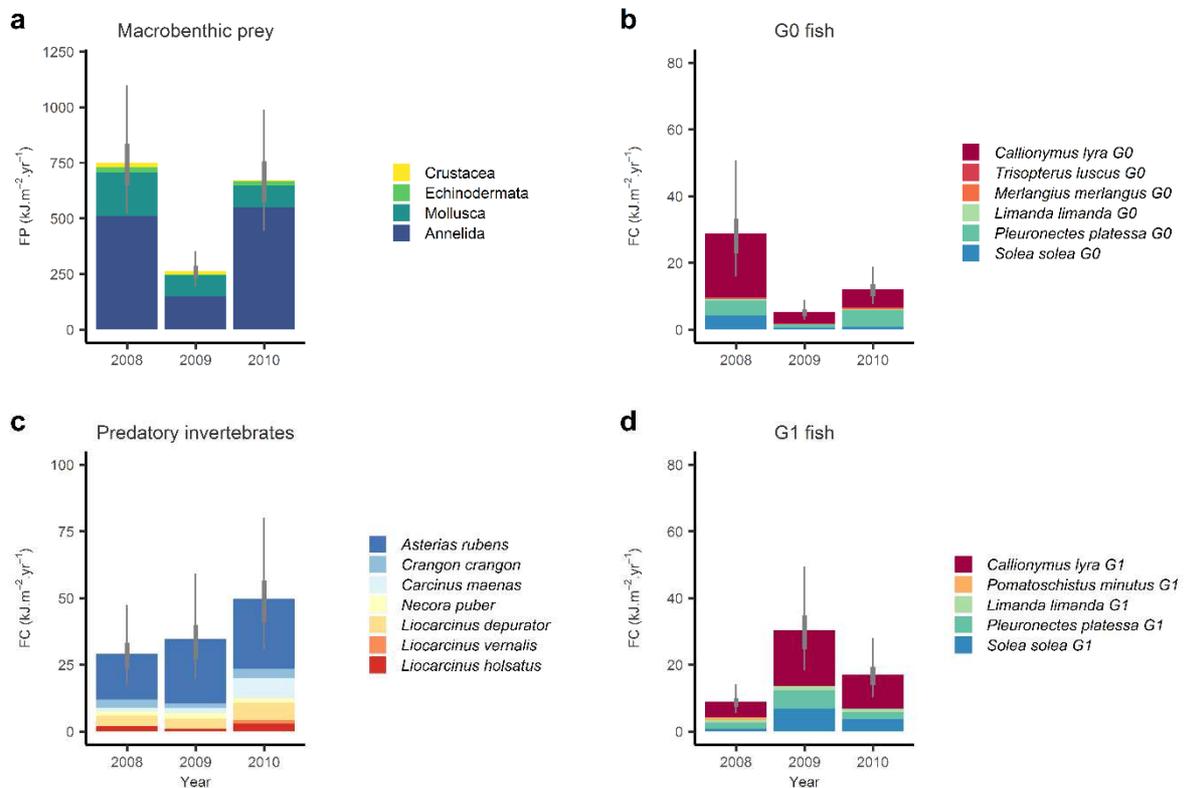
343 3.2. Food consumption by epibenthic predators

344 FC by epibenthic predators showed significant but contrasting interannual variations among
345 predator groups (fish vs. invertebrates) and fish cohorts (G0 vs. G1). Interestingly, the pattern of FC by
346 G0 fish was relatively similar to that of FP (Fig. 3a, b), marked by a ~6-fold decrease from 2008 to
347 2009 (down to 5.2 kJ.m⁻².yr⁻¹ in 2009), followed by a ~2-fold increase from 2009 to 2010. Conversely,
348 the FC by G1 fish had an opposite pattern, peaking at 30.3 kJ.m⁻².yr⁻¹ in 2009 (Fig. 3d), while the FC
349 by predatory invertebrates gradually increased from 29.2 kJ.m⁻².yr⁻¹ in 2008 to 49.8 kJ.m⁻².yr⁻¹ in 2010
350 (Table 2, Fig. 3c). This latter increase in FC by predatory invertebrates occurred in all strata (Fig. S4).
351 Conversely, interannual variations in FC by the fish community (G0 and G1) showed no common
352 pattern among strata (results not shown).

353 Like their prey, the epibenthic predator community was dominated by a few species. FC by the
354 dragonet *C. lyra* was the highest among fish for all years and both cohorts, representing 46-66% and
355 53-60% of total FC by G0 and G1 fish, respectively, from 2008-2010. The European plaice *P. platessa*
356 and common sole *S. solea* were the second and third greatest fish consumers, respectively, followed
357 by the common dab *L. limanda*. FC by these three flatfish represented 32-49% and 39-45% of total FC
358 by G0 and G1 fish, respectively, from 2008-2010. Bib *T. luscus* and whiting *M. merlangus* were
359 observed only at the G0 stage, and their combined FC was extremely low (< 5%) from 2008-2010.
360 Since the gobies *P. minutus* were < 5 cm at the G0 stage, only their FC at the G1 stage was
361 estimated. It represented 8% of total FC by G1 fish in 2008 but was marginal (< 1%) from 2009-2010
362 (Fig. 3d). For predatory invertebrates, the common sea star *A. rubens* was the greatest consumer,
363 with FC ranging from 53-69% of total FC by invertebrate species from 2008-2010, followed by
364 swimming crabs *Liocarcinus* spp., shore crab *C. maenas* (particularly in 2010) and, to a lesser extent,
365 the brown shrimp *C. crangon* and velvet crab *N. puber* (Fig. 3c).

366 FC was distributed heterogeneously across the study site, and its spatial distribution varied
367 among species (Supplement S9). FC by the fish *C. lyra* and *L. limanda* and the invertebrates *A.*
368 *rubens*, *Liocarcinus* spp. and *N. puber* was concentrated in the bay (strata E4 and E14), while that by
369 the invertebrates *C. crangon* and *C. maenas* occurred mostly in the outer estuary (strata FN and FS).
370 FC by the flatfish *P. platessa* and *S. solea* varied spatially among years, species and cohorts (G0 vs.
371 G1) (e.g. generally concentrated in the bay in 2009 at the G1 stage but in the outer estuary at the G0
372 stage, especially for the common sole) (Fig. S5, S6).

373 Interestingly, FC by predatory invertebrates lay in the same order of magnitude as that by juvenile fish
 374 (G0 and G1) and represented 44-63% of total FC from 2008-2010 (Table 2).
 375



376
 377 Fig. 3. Food production (FP, $\text{kJ}\cdot\text{m}^{-2}\cdot\text{yr}^{-1}$) by (a) taxon and food consumption (FC, $\text{kJ}\cdot\text{m}^{-2}\cdot\text{yr}^{-1}$) by (b)
 378 young-of-the-year G0 fish, (c) predatory invertebrates, and (d) G1 fish in the Seine nursery from 2008-
 379 2010. Thick and thin gray lines represent 50% and 95% confidence intervals, respectively, estimated
 380 by Monte-Carlo simulations.

381
 382 Table 2. Food consumption (FC) by juvenile fish (G0 and G1) and predatory invertebrates in the Seine
 383 nursery from 2008-2010.

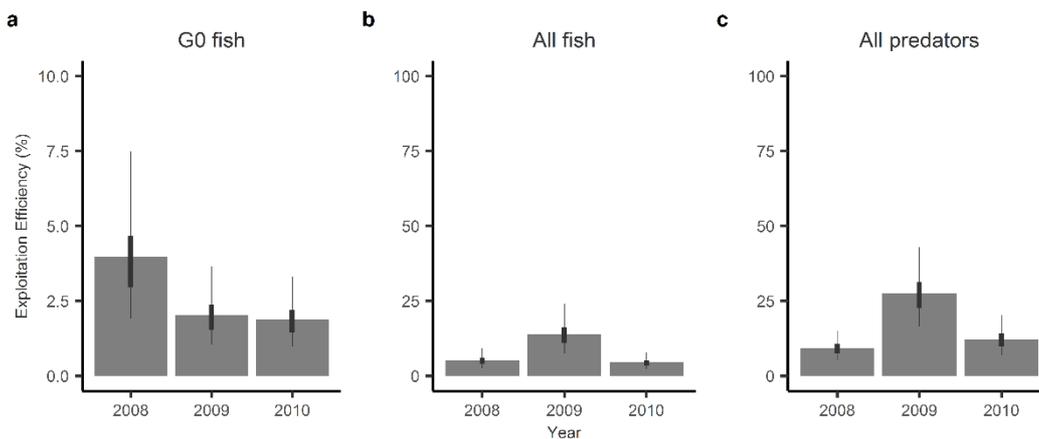
384

Year	FC by juvenile fish ($\text{kJ}\cdot\text{m}^{-2}\cdot\text{yr}^{-1}$)	FC by predatory invertebrates ($\text{kJ}\cdot\text{m}^{-2}\cdot\text{yr}^{-1}$)	Relative FC by predatory invertebrates (%)
2008	37.6	29.2	44
2009	35.5	34.6	49
2010	29.1	49.8	63

385

386 **3.3. Exploitation efficiency**

387 EE of the epibenthic predators on their macrobenthic prey varied considerably depending on
388 the predator group (Fig. 4), ranging from 2-4% for G0 fish, 5-14% for all fish (G0 and G1) and 9-27%
389 for all predators (fish and invertebrates). Interannual variations in EE also depended greatly on the
390 predator group. EE of G0 fish decreased ~2-fold from 2008-2009 but remained stable from 2009-2010
391 (Fig. 4). Conversely, EE of all fish and of all predators were ~2-3 times higher in 2009 than in 2008
392 and 2010.



393
394 Fig. 4. Exploitation efficiency (EE, %) of (a) young-of-the-year G0 fish, (b) all fish and (c) all predators
395 on their macrobenthic prey in the Seine nursery from 2008-2010. Thick and thin black lines represent
396 50% and 95% confidence intervals, respectively, estimated by Monte-Carlo simulations. Note the
397 smaller scale of the y-axis of plot (a).

398

399

400 **4. Discussion**

401 Using a recent bioenergetics-based approach, we investigated whether food supply could limit
402 juvenile fish production in three consecutive years (2008-2010) in the Seine nursery, western Europe.
403 Our main results revealed a similar interannual pattern in FP and FC by G0 fish and highlighted the
404 large amount of food consumed annually by the dominant predatory invertebrates. We also showed
405 that the EE of the entire epibenthic predator community reached ~30% in 2009. Overall, these results
406 suggest that food was likely limiting in the Seine nursery, given our conservative approach.

407

408 **4.1. Food production: a temporally variable but spatially stable pattern**

409 Over the past three decades, the macroinvertebrate community in the eastern Bay of Seine
410 and the outer Seine estuary has been studied extensively (Ménard et al. 1989; Dauvin and Gillet 1991;
411 Thiébaud et al. 1997; Mouny et al. 1998; Ghertsos et al. 2001; Dauvin 2008; Dauvin et al. 2017). The
412 spatio-temporal patterns in macrobenthic production (as measured by FP) from 2008-2010 are
413 strongly consistent with those previously reported, even though most studies focused on macrobenthic
414 abundance or biomass. For instance, the estuarine stratum FN, which had the lowest FP estimates
415 among the four strata (Fig. 2), has had long-lasting low macrobenthic abundance and biomass (Mouny
416 et al. 1998; Dauvin 2008), likely related to the high environmental (salinity variations) and
417 anthropogenic (pollution, harbor extension) stresses that occur in this area (Tecchio et al. 2015).
418 Conversely, high macrobenthic abundance and biomass values have been recorded at sampling
419 stations located mainly in marine stratum E4 (Dauvin and Gillet 1991; Thiébaud et al. 1997), where FP
420 was the highest each year in the present study (Fig. 2). Estimates of FP in the Seine nursery were
421 consistent with macrobenthic production estimates reported in several other temperate marine and
422 coastal ecosystems (20-850 kJ.m⁻².yr⁻¹: Reiss et al. 2009; Bolam et al. 2010; Brey 2012 and
423 references therein).

424 In addition to its stable spatial pattern across the years studied, the macrobenthic community
425 remained remarkably dominated by the same few taxa for 25 years, especially annelids (Dauvin et al.
426 2017). In particular, *O. fusiformis* was the most abundant species from 1986-1988 and in 1991
427 (Thiébaud et al. 1997). We showed that two decades later, annelids still largely dominated the
428 macrobenthic community (Figs. 2 and 3), with *O. fusiformis* still the most abundant and productive
429 species (as measured by FP, Table S4). Mechanisms that could explain the stability in spatial
430 organization and species dominance of the Seine macrobenthic community include larval retention
431 near adult populations, sediment stabilization caused by high densities of *O. fusiformis* and the salinity
432 gradient off the Seine estuary (Thiébaud et al. 1994, 1997).

433 Nonetheless, our results revealed substantial year-to-year variations in FP from 2008-2010 at
434 both population and community levels (Fig. 3, Table S4). Mean annual Seine River flow decreased
435 significantly from 2008 (525 m³.s⁻¹) to 2009 (352 m³.s⁻¹) and then increased moderately in 2010 (414
436 m³.s⁻¹). The present study did not identify the exact causes of the macrobenthic variations from 2008-
437 2010. They may have been caused by variations in local environmental conditions (e.g. river flow,
438 wind regime) that determined larval drift and recruitment success of the dominant macrobenthic taxa,

439 which have a benthic-pelagic life cycle (Ménard et al. 1989; Thiébaud et al. 1992, 1996, Dauvin et al.
440 1993, 2017; Thiébaud 1996). Density-dependent mortality caused by competition for limited resources
441 among macrobenthic populations likely also had an influence (e.g. Thiébaud et al. 1997; Henderson et
442 al. 2006). Conversely, top-down regulation exerted by epibenthic predators (juvenile fish, predatory
443 invertebrates) has rarely been suggested as a cause for the interannual variations in the Seine
444 nursery. However, dominant macrobenthic species are important prey for several juvenile fish. Gut
445 content analyses revealed that these dominant species (e.g. *O. fusiformis*, *L. koreni*, *L. conchilega*, *A.*
446 *alba*) are major prey items for juvenile fish (especially plaice *P. platessa*, sole *S. solea* and dab *L.*
447 *limanda*) in the Seine nursery (Morin et al. 1999 and unpubl. data), and in several other coastal areas
448 in western Europe (Amara et al. 2001; Darnaude et al. 2001; Schückel et al. 2012). Local data on
449 predatory invertebrates' diets are lacking; however, these epibenthic predators likely consume
450 dominant macrobenthic prey as well, given their opportunistic feeding behavior (Norman and Jones
451 1992; van der Veer et al. 2011) and results from gut content analyses reported elsewhere (e.g. Allen
452 1983; Choy 1986; del Norte-Campos and Temming 1994; Freire 1996). Further local gut content
453 and/or stable isotope analyses would be useful to improve current FP estimates, and provide an in-
454 depth knowledge of food availability in the Seine nursery.

455

456 **4.2. Relating food production to food consumption by epibenthic predators**

457 Surprisingly, few studies have attempted to relate spatio-temporal patterns of the
458 macrobenthic community to those of higher trophic levels in the Seine nursery. For instance, the
459 abundance of several macrobenthic species decreased greatly in the eastern Bay of Seine from 2008-
460 2009 (Dauvin et al. 2017), but its potential effect on the epibenthic predator community was not
461 investigated. Several trophic models (Ecopath, EwE; Christensen et al. 2005) have quantified energy
462 flows between multiple functional groups in the eastern Bay of Seine and the outer Seine estuary, but
463 none focused on the nursery function of this ecosystem. This modeling approach was useful for
464 understanding overall trophic functioning of the Bay of Seine and the Seine estuary (Rybarczyk and
465 Elkaim 2003; Tecchio et al. 2015) and for assessing past and future impacts of human activities
466 (Raoux et al. 2017; Pezy et al. 2017). Nonetheless, such trophic models are not appropriate for
467 investigating fine-scale and short-term (e.g. year-to-year) variations in predator-prey interactions
468 (Tableau et al. 2019), as done in the present study.

469 Given the dramatic variations in annual prey production observed from 2008-2010, correlating
470 FP and FC may provide information about the food limitation hypothesis, despite the short duration of
471 the present study (3 years). In particular, the similar interannual patterns in FP and FC by G0 fish
472 suggest that food was limiting in the Seine nursery, at least at the G0 stage. These patterns in FP and
473 FC were mainly driven by variations in prey biomass and fish abundance, but also accounted for
474 interannual variations in mean body weight of each species. We acknowledge that estimates of FC by
475 fish may have been less accurate, especially due to the lack of local length data for the dragonet *C.*
476 *lyra* and goby *P. minutus* (Supplement S5), and because the beam trawl survey did not cover the
477 entire spatial distribution of common sole *S. solea*. Common sole was also found in the upper estuary
478 and on intertidal mud flats during high tide, particularly at the G0 stage (Morin et al. 1999).
479 Nonetheless, the interannual pattern in FC by G0 fish was considered similar to that in FP, given the
480 limitations of our dataset. The similarity was particularly high for plaice *P. platessa* (Fig. 3), which is a
481 main consumer of *O. fusiformis* in the Seine nursery (Ménard et al. 1989; Morin et al. 1999).

482 Interestingly, G1 fish showed an opposite interannual pattern, which is consistent with the
483 patterns in FP and in FC by G0 fish with a one-year lag. This agrees with the hypothesis that the year-
484 class strength is determined at the G0 stage on nursery grounds, or even earlier, at the pelagic phase
485 (Hjort 1914; van der Veer 1986; Leggett and Deblois 1994; Houde 2008). This opposite pattern could
486 also suggest competition for food between G0 and G1 fish, with lower survival of and thus lower FC by
487 G0 fish when the FC by G1 fish is high, as in 2009. However, correlation does not imply causation
488 (Hilborn 2016). Hence, the lower FC by G0 fish in 2009 could have been due to lower food supply
489 (bottom-up control), higher competition with G1 fish, higher predation pressure on G0 fish in the
490 nursery (top-down control), lower fish larval supply caused by higher mortality during early-life stages
491 (eggs and larvae) or a combination of some or all of these processes, which can occur simultaneously
492 (Hixon and Jones 2005). The dataset and short duration of the present study did not enable us to
493 distinguish these potential causes.

494 The completely different interannual variations in FC by predatory invertebrates was no
495 surprise, because macrobenthic prey likely represent a much smaller percentage of predatory
496 invertebrates' diets (Table 1, Supplement S6). In addition, FC by predatory invertebrates was clearly
497 dominated by the common sea star *A. rubens*, which can live at least five years in the wild (Guillou
498 1983). Thus, even though macrobenthic food resources in the Seine nursery could limit the sea star

499 population, the correlation between annual FP and annual FC would likely be weak because the
500 population response would aggregate variations in food supply over several years.

501 Interannual variations in FC by G0 fish were generally the same among strata and in the entire
502 study site (Fig. S5). This observation held for FC by predatory invertebrates in all strata and by G1 fish
503 in marine strata (E4 and E14) (Fig. S4, S6). Conversely, species composition differed significantly
504 among strata, especially according to the salinity tolerance of each species. For instance, euryhaline
505 species such as the common sole *S. solea*, brown shrimp *C. crangon*, and shore crab *C. maenas*
506 were found mainly in the outer estuary (FN and FS), while the common sea star *A. rubens*, common
507 dab *L. limanda* and dragonet *C. lyra*, which tolerate salinity less, were concentrated in the bay (E4 and
508 E14). However, spatial variations in the FC estimated in the present study must be interpreted with
509 caution. Species distribution is not driven by a single factor (e.g. salinity) but instead results from the
510 combination of several forces, both external (e.g. environmental forcing, food availability) and internal
511 (e.g. population size) to the populations (Planque et al. 2011). Since these forces change throughout
512 the year, the spatial distribution of mobile epibenthic predators changes accordingly. Predatory
513 invertebrates likely move much less than juvenile fish, but do move, particularly in late winter and late
514 summer, when they migrate (Venema and Creutzberg 1973; Boddeke 1976; Hinz et al. 2004).

515

516 **4.3. Including predatory invertebrates doubled estimates of food consumption**

517 Given the high density of predatory invertebrates generally observed in coastal and estuarine
518 nurseries (Pihl and Rosenberg 1984; van der Veer et al. 2011), they can exert substantial predation
519 pressure on macrobenthic prey, even though macrofauna are a moderate percentage of their diet
520 (Evans 1983; Pihl 1985; Jung et al. 2017). Our results agree with these previous findings. We showed
521 that FC by predatory invertebrates lay in the same order of magnitude as FC by juvenile fish from
522 2008-2010 in the Seine nursery. Including the FC by predatory invertebrates provided a larger and
523 probably more realistic estimate than that obtained for juvenile fish alone, as originally presented by
524 Tableau et al. (2019).

525 However, the approach we developed to estimate FC by predatory invertebrates has some
526 limitations. In particular, FC is derived from an estimate of production that may be inaccurate.
527 Empirical models, such as the one we used to estimate production (Brey 2012), perform relatively well
528 for an assemblage of species, but may have high prediction error for a single population (Brey 2001,

529 2012). Additionally, the same problem holds for macrobenthic prey, given the strong dominance of few
530 species. To our knowledge, however, empirical models remain the best approach currently available
531 for estimating secondary invertebrate production when data preclude the use of classic direct
532 methods. Moreover, Brey models (2001, 2012) were shown to perform as well or even better than
533 others (Cusson and Bourget 2005; Dolbeth et al. 2005; Petracco et al. 2012). Also, if production
534 estimates of predatory invertebrates were inaccurate, they would more likely be underestimated rather
535 than overestimated because only the larger individuals remained in the net. Since mean individual
536 weight and P:B ratios are negatively correlated (Schwinghamer et al. 1986), P:B ratios were much
537 lower than those generally found in the literature (e.g. Kuipers and Dapper 1981; Pihl and Rosenberg
538 1984; Pihl 1985). Consequently, they likely resulted in underestimating FP and FC, which is in
539 accordance with the conservative approach used in this study. Additionally, we used Monte-Carlo
540 simulations to include the uncertainty in estimates of FP and to estimate prediction error, unlike most
541 previous studies (e.g. Evans 1983, 1984; Pihl 1985; Collie 1987).

542

543 **4.4. Food limitation: lessons from exploitation efficiency**

544 Collectively, juvenile fish and predatory invertebrates consumed a large percentage of
545 macrobenthic prey production in the Seine nursery, as revealed by calculating EE. First, EE
546 automatically increased with the number of predators (G0 fish vs. all fish vs. all predators) for a given
547 year because FC increased accordingly, while FP remained unchanged (Fig. 4). As previously
548 suggested (Collie 1987; Vinagre and Cabral 2008; Tableau et al. 2019), these results highlighted the
549 importance of including all dominant benthic-feeding predators to estimate the overall predation
550 pressure on macrobenthic prey when testing the food limitation hypothesis in coastal and estuarine
551 nurseries. The interannual stability in EE of G0 fish from 2009-2010 logically results from the similarity
552 of the interannual pattern of FP and that of FC (G0 fish), strengthening the idea that the food supply
553 may have been limiting. In 2008, EE of all juvenile fish (5%) was similar to that (6%) in another French
554 coastal nursery (the Bay of Vilaine) observed in the same year and calculated using the same
555 approach (Tableau et al. 2019).

556 When all dominant predators were considered, our results revealed that EE on total prey
557 production (as measured by FP) could be as high as ~30%. This consumption level might have been
558 high enough to indicate that food limitation occurred (Collie 1987). In addition, the true EE was likely

559 much higher, since EE was estimated using a conservative approach. In particular, FC by epibenthic
560 predators was underestimated for several reasons. First, estimates of FC by juvenile fish were based
561 only on their requirements during the growing season, thus ignoring maintenance requirements for the
562 rest of the year. Even though requirements in winter are generally assumed to be much lower, they
563 may still be significant (Creutzberg and Witte 1989; van der Veer et al. 1990). Second, most gross
564 conversion efficiency estimates (K) found in the literature were obtained from laboratory experiments.
565 Thus, they were expected to be slightly higher than those in the wild, leading to underestimates of FC
566 and thus EE (Tableau et al. 2019). Third, catch efficiency estimates (q) were overestimated because
567 they came from beam trawl surveys using a 4 mm mesh liner in the cod-end (e.g. Reiss et al. 2006),
568 unlike scientific surveys performed in the Seine nursery that used a larger mesh (20 mm). Fourth, FC
569 by G2 fish was not considered because few G2 individuals were found in the net, since they probably
570 moved to deeper and offshore water before the scientific surveys occurred. Nonetheless, G2 fish may
571 exert significant predation pressure on macrobenthic prey earlier in the year. Lastly, FC by predatory
572 invertebrates was also likely underestimated, as explained. Hence, EE on total prey production likely
573 exceeded 30% in 2009 in the Seine nursery.

574 It is unlikely that EE reaches 100% even when food limitation occurs, since predators can
575 access only a portion of macrobenthic prey. For instance, a previous study estimated that juvenile fish
576 in coastal nurseries in the Wadden Sea could access only 10% of the total macrobenthic biomass (van
577 der Veer et al. 2011). Similarly, Tableau et al. (2015) estimated that the FP accessible to juvenile fish
578 in another French coastal nursery (the Bay of Vilaine) was approximately one-eighth that of total FP in
579 2008. These values were likely overestimated, at least for the entire predator community in the Seine
580 nursery. Predatory invertebrates likely access prey that are not accessible to juvenile fish given their
581 different prey-handling abilities, and previous estimates of prey accessibility considered only juvenile
582 fish (van der Veer et al. 2011; Tableau et al. 2015). However, even a much lower and more
583 reasonable ratio of total to accessible FP (e.g. 3) would lead to an EE close to 100% in 2009,
584 indicating strong competition for food that year. Thus, we cannot exclude the possibility that food was
585 limiting in the Seine nursery. In particular, the combination of a significant decrease in food supply (as
586 measured by FP) and a significant increase in food consumption by epibenthic predators may have
587 induced food limitation in 2009.

588 We focused mainly on annual FP and FC in the entire nursery. However, food limitation can
589 be restricted to specific areas and/or periods of the year (e.g. Walters and Juanes 1993). Since the
590 Seine nursery has been described as a mosaic of habitats (Tecchio et al. 2015), we estimated EE in
591 each stratum (Fig. S7). The analysis revealed that EE varied among strata (up to 37% in E14 in 2009
592 and 76% in FN in 2010), but caution in interpretation is required, since epibenthic predators move
593 among habitats throughout the year. The annual scale may not be the most appropriate one at which
594 to test the food limitation hypothesis. Resources may be limiting only during certain periods of the
595 year, such as the sensitive post-settlement phase (Geffen et al. 2007, 2011). Nevertheless, focusing
596 on this early-life stage is more challenging, especially when sampling prey and predators, but seems
597 crucial given its potential effect on fish recruitment (Nash and Geffen 2012; Nagelkerken et al. 2015).
598 A decline in growth rate of juvenile plaice *P. platessa* during late summer was also broadly reported
599 (Freitas et al. 2012; Ciotti et al. 2013b), and could be related to intra- or interspecific competition for
600 food (Ciotti et al. 2013a; van der Veer et al. 2016). However, the underlying causes of that pattern
601 remain unclear (Ciotti et al. 2014).

602 In conclusion, two main findings suggest that food supply may have limited juvenile fish
603 production in the Seine nursery, at least in 2009: (1) the similarity in the interannual patterns in FP and
604 FC by G0 fish and (2) the relatively high EE estimated for all predators in 2009 (~30%) given the
605 conservative calculation. Firmly validating or refuting the food limitation hypothesis in the Seine
606 nursery lies beyond the scope of this study, and further studies are required to reach a conclusion. To
607 this end, applying the bioenergetics-based approach to longer time-series and/or other nurseries
608 would be useful (Tableau et al. 2019). Finally, prey accessibility remains a key parameter that is
609 particularly challenging to calculate; however, estimating it is critical to better understand food
610 limitation (Boisclair and Leggett 1985).

611

612 **Acknowledgments**

613 We thank the French Biodiversity Agency for financial support of this study as part of the
614 CAPANOUR project. E.S. acknowledges doctoral fellowship support from the French Ministry of
615 Higher Education, Research and Innovation. We are grateful to all those involved in the COLMATAGE
616 project, especially Jocelyne Morin and Sandrine Alizier. We also thank the GIP Seine-Aval for funding

617 the COLMATAGE project from which most data came, as well as Le Havre harbor for providing
618 additional grab data collected in 2010.

619

620 **References**

621 Allen, P. L. 1983. Feeding behaviour of *Asterias rubens* (L.) on soft bottom bivalves: a study in
622 selective predation. *J. Exp. Mar. Biol. Ecol.* **70**: 79–90.

623 Amara, R., P. Laffargue, J. M. Dewarumez, C. Maryniak, F. Lagardère, and C. Luzac. 2001. Feeding
624 ecology and growth of O-group flatfish (sole, dab and plaice) on a nursery ground (Southern
625 Bight of the North Sea). *J. Fish Biol.* **58**: 788–803.

626 Andersen, K. H., N. S. Jacobsen, T. Jansen, and J. E. Beyer. 2017. When in life does density
627 dependence occur in fish populations? *Fish Fish.* **18**: 656–667.

628 Archambault, B., O. Le Pape, L. Baulier, Y. Vermard, M. Véron, and E. Rivot. 2016. Adult-mediated
629 connectivity affects inferences on population dynamics and stock assessment of nursery-
630 dependent fish populations. *Fish. Res.* **181**: 198–213.

631 Archambault, B., E. Rivot, M. Savina, and O. Le Pape. 2018. Using a spatially structured life cycle
632 model to assess the influence of multiple stressors on an exploited coastal-nursery-dependent
633 population. *Estuar. Coast. Shelf Sci.* **201**: 95–104.

634 Beaugrand, G., K. M. Brander, J. A. Lindley, S. Souissi, and P. C. Reid. 2003. Plankton effect on cod
635 recruitment in the North Sea. *Nature* **426**: 661.

636 Beck, M. W., K. L. Heck Jr, K. W. Able, and others. 2001. The identification, conservation, and
637 management of estuarine and marine nurseries for fish and invertebrates: A better
638 understanding of the habitats that serve as nurseries for marine species and the factors that
639 create site-specific variability in nursery quality will improve conservation and management of
640 these areas. *Bioscience* **51**: 633–641.

641 Bergman, M. J. N., H. W. Van der Veer, and J. J. Zulstra. 1988. Plaice nurseries: effects on
642 recruitment. *J. Fish Biol.* **33**: 201–218.

643 Besyst, B., A. Cattrijsse, and J. Mees. 1999. Feeding ecology of juvenile flatfishes of the surf zone of a
644 sandy beach. *J. Fish Biol.* **55**: 1171–1186.

645 Beukema, J. J. 1974. Seasonal changes in the biomass of the macro-benthos of a tidal flat area in the
646 Dutch Wadden Sea. *Neth. J. Sea Res.* **8**: 94–107.

647 Birch, L. C. 1957. The meanings of competition. *Am. Nat.* **91**: 5–18.

648 Boddeke, R. 1976. The seasonal migration of the brown shrimp *Crangon crangon*. *Neth. J. Sea Res.*
649 **10**: 103–130.

650 Boisclair, D., and W. C. Leggett. 1985. Rates of food exploitation by littoral fishes in a mesotrophic
651 north-temperate lake. *Can. J. Fish. Aquat. Sci.* **42**: 556–566.

652 Bolam, S. G., C. R. S. Barrio-Frojan, and J. D. Eggleton. 2010. Macrofaunal production along the UK
653 continental shelf. *J. Sea Res.* **64**: 166–179.

654 Bouchereau, J.-L., and O. Guelorget. 1998. Comparison of three Gobiidae (Teleostei) life history
655 strategies over their geographical range. *Oceanol. Acta* **21**: 503–517.

656 Brey, T. 2001. Population dynamics in benthic invertebrates. A virtual handbook. Version 01.2.
657 Available at <http://www.thomas-brey.de/science/virtualhandbook/>.

658 Brey, T. 2012. A multi-parameter artificial neural network model to estimate macrobenthic invertebrate
659 productivity and production. *Limnol. Oceanogr.-Methods* **10**: 581–589.
660 doi:10.4319/lom.2012.10.581

661 Brey, T., C. Müller-Wiegmann, Z. M. C. Zittier, and W. Hagen. 2010. Body composition in aquatic
662 organisms — A global data bank of relationships between mass, elemental composition and
663 energy content. *J. Sea Res.* **64**: 334–340. doi:10.1016/j.seares.2010.05.002

664 Brown, C. J., A. Broadley, M. F. Adame, T. A. Branch, M. P. Turschwell, and R. M. Connolly. 2018.
665 The assessment of fishery status depends on fish habitats. *Fish Fish.* **00**: 1–14.
666 doi:10.1111/faf.12318

667 Cabral, H. N., M. Lopes, and R. Loeper. 2002. Trophic niche overlap between flatfishes in a nursery
668 area on the Portuguese coast. *Sci. Mar.* **66**: 293–300.

669 Choy, S. C. 1986. Natural diet and feeding habits of the crabs *Liocarcinus puber* and *L. holsatus*
670 (Decapoda, Brachyura, Portunidae). *Mar. Ecol. Prog. Ser.* **31**: 87–99.

671 Christensen, V., C. J. Walters, and D. Pauly. 2005. Ecopath with Ecosim: a user's guide. Fisheries
672 Centre, University of British Columbia, Vancouver. 154p.

673 Ciotti, B. J., T. E. Targett, and M. T. Burrows. 2013a. Spatial variation in growth rate of early juvenile
674 European plaice *Pleuronectes platessa*. *Mar. Ecol. Prog. Ser.* **475**: 213-232.

675 Ciotti, B. J., T. E. Targett, and M. T. Burrows. 2013b. Decline in growth rate of juvenile European
676 plaice (*Pleuronectes platessa*) during summer at nursery beaches along the west coast of
677 Scotland. *Can. J. Fish. Aquat. Sci.* **70**: 720–734.

678 Ciotti, B. J., T. E. Targett, R. D. Nash, and A. J. Geffen. 2014. Growth dynamics of European plaice
679 *Pleuronectes platessa* L. in nursery areas: a review. *J. Sea Res.* **90**: 64–82.

680 Collie, J. S. 1987. Food consumption by yellowtail flounder in relation to production of its benthic prey.
681 *Mar. Ecol. Prog. Ser.* **36**: 205–213.

682 Creutzberg, F., and J. I. Witte. 1989. An attempt to estimate the predatory pressure exerted by the
683 lesser weever, *Trachinus vipera* Cuvier, in the southern North Sea. *J. Fish Biol.* **34**: 429–449.

684 Cusson, M., and E. Bourget. 2005. Global patterns of macroinvertebrate production in marine benthic
685 habitats. *Mar. Ecol. Prog. Ser.* **297**: 1–14.

686 Darnaude, A. M., M. L. Harmelin-Vivien, and C. Salen-Picard. 2001. Food partitioning among flatfish
687 (Pisces: Pleuronectiforms) juveniles in a Mediterranean coastal shallow sandy area. *J. Mar.
688 Biol. Assoc. U. K.* **81**: 119–127.

689 Dauvin, J. C., N. Desroy, A. L. Janson, C. Vallet, and S. Duhamel. 2006. Recent changes in estuarine
690 benthic and suprabenthic communities resulting from the development of harbour
691 infrastructure. *Mar. Pollut. Bull.* **53**: 80–90.

692 Dauvin, J.-C. 2008. Effects of heavy metal contamination on the macrobenthic fauna in estuaries: the
693 case of the Seine estuary. *Mar. Pollut. Bull.* **57**: 160–169.

694 Dauvin, J.-C., J.-M. Dewarumez, B. Elkaim, D. Bernardo, J.-M. Fromentin, and F. Ibanez. 1993.
695 Cinétique de *Abra alba* (mollusque bivalve) de 1977 à 1991 en Manche-Mer du Nord, relation
696 avec les facteurs climatiques. *Oceanol. Acta* **16**: 413–422.

697 Dauvin, J.-C., and P. Gillet. 1991. Spatio-temporal variability in population structure of *Owenia*
698 *fusiformis* Delle Chiaje (Annelida: Polychaeta) from the Bay of Seine (eastern English
699 Channel). *J. Exp. Mar. Biol. Ecol.* **152**: 105–122.

700 Dauvin, J.-C., S. Lucas, M. Navon, S. Lesourd, Y. Mear, E. Poizot, and S. Alizier. 2017. Does the
701 hydrodynamic, morphometric and sedimentary environment explain the structure of soft-
702 bottom benthic assemblages in the Eastern Bay of Seine (English Channel)? *Estuar. Coast.
703 Shelf Sci.* **189**: 156–172.

704 Dolbeth, M., P. G. Cardoso, T. F. Grilo, M. D. Bordalo, D. Raffaelli, and M. A. Pardal. 2011. Long-term
705 changes in the production by estuarine macrobenthos affected by multiple stressors. *Estuar.
706 Coast. Shelf Sci.* **92**: 10–18. doi:10.1016/j.ecss.2010.12.006

707 Dolbeth, M., A. I. Lillebø, P. G. Cardoso, S. M. Ferreira, and M. A. Pardal. 2005. Annual production of
708 estuarine fauna in different environmental conditions: an evaluation of the estimation methods.
709 *J. Exp. Mar. Biol. Ecol.* **326**: 115–127.

710 Dolbeth, M., F. Martinho, R. Leitão, H. Cabral, and M. A. Pardal. 2008. Feeding patterns of the
711 dominant benthic and demersal fish community in a temperate estuary. *J. Fish Biol.* **72**: 2500–
712 2517.

713 Ducrotoy, J.-P., and J.-C. Dauvin. 2008. Estuarine conservation and restoration: The Somme and the
714 Seine case studies (English Channel, France). *Mar. Pollut. Bull.* **57**: 208–218.

715 Elliott, M., and V. Quintino. 2007. The estuarine quality paradox, environmental homeostasis and the
716 difficulty of detecting anthropogenic stress in naturally stressed areas. *Mar. Pollut. Bull.* **54**:
717 640–645.

718 Evans, S. 1983. Production, predation and food niche segregation in a marine shallow soft-bottom
719 community. *Mar. Ecol. Prog. Ser. Oldendorf* **10**: 147–157.

720 Evans, S. 1984. Energy budgets and predation impact of dominant epibenthic carnivores on a shallow
721 soft bottom community at the Swedish west coast. *Estuar. Coast. Shelf Sci.* **18**: 651–672.

722 Freire, J. 1996. Feeding ecology of *Liocarcinus depurator* (Decapoda: Portunidae) in the Ria de
723 Arousa (Galicia, north-west Spain): effects of habitat, season and life history. *Mar. Biol.* **126**:
724 297–311.

725 Freitas, V., K. Lika, J. I. Witte, and H. W. van der Veer. 2011. Food conditions of the sand goby
726 *Pomatoschistus minutus* in shallow waters: An analysis in the context of Dynamic Energy
727 Budget theory. *J. Sea Res.* **66**: 440–446. doi:10.1016/j.seares.2011.05.008

728 Freitas, V., S. A. Kooijman, and H. W. van der Veer. 2012. Latitudinal trends in habitat quality of
729 shallow-water flatfish nurseries. *Mar. Ecol. Prog. Ser.* **471**: 203–214.

730 Gee, J. M. 1989. An ecological and economic review of meiofauna as food for fish. *Zool. J. Linn. Soc.*
731 **96**: 243–261.

732 Geffen, A. J., R. D. Nash, K. Dau, and A. J. Harwood. 2011. Sub-cohort dynamics of 0-group plaice,
733 *Pleuronectes platessa* L., in the Northern Irish Sea: Settlement, growth and mortality. J. Exp.
734 Mar. Biol. Ecol. **400**: 108–119.

735 Geffen, A. J., H. W. Van der Veer, and R. D. M. Nash. 2007. The cost of metamorphosis in flatfishes.
736 J. Sea Res. **58**: 35–45.

737 Ghertsos, K., C. Luczak, and J.-C. Dauvin. 2001. Identification of global and local components of
738 spatial structure of marine benthic communities: example from the Bay of Seine (Eastern
739 English Channel). J. Sea Res. **45**: 63–77.

740 Gibson, R. N., L. Robb, H. Wennhage, and M. T. Burrows. 2002. Ontogenetic changes in depth
741 distribution of juvenile flatfishes in relation to predation risk and temperature on a shallow-
742 water nursery ground. Mar. Ecol. Prog. Ser. **229**: 233–244.

743 Guillou, M. 1983. La croissance d'*Asterias rubens* L. (Echinodermata Asteroidea) en Baie de
744 Douarnenez (Finistère). *Annales de l'Institut océanographique*. Institut océanographique. 141–
745 153.

746 Henderson, P. A., R. M. Seaby, and J. R. Somes. 2006. A 25-year study of climatic and density-
747 dependent population regulation of common shrimp *Crangon crangon* (Crustacea: Caridea) in
748 the Bristol Channel. J. Mar. Biol. Assoc. U. K. **86**: 287–298.

749 Hilborn, R. 2016. Correlation and causation in fisheries and watershed management. Fisheries **41**:
750 18–25.

751 Hinz, H., I. Kröncke, and S. Ehrich. 2004. Seasonal and annual variability in an epifaunal community in
752 the German Bight. Mar. Biol. **144**: 735–745. doi:10.1007/s00227-003-1239-9

753 Hixon, M. A., and G. P. Jones. 2005. Competition, predation, and density-dependent mortality in
754 demersal marine fishes. Ecology **86**: 2847–2859.

755 Hixon, M. A., S. W. Pacala, and S. A. Sandin. 2002. Population regulation: historical context and
756 contemporary challenges of open vs. closed systems. Ecology **83**: 1490–1508.

757 Hjort, J. 1914. Fluctuations in the great fisheries of northern Europe viewed in the light of biological
758 research. Rapp P-V Reun Cons Int Explo Mer **20**: 1–228.

759 Holland, A. F., A. T. Shaughnessy, and M. H. Hiegel. 1987. Long-term variation in mesohaline
760 Chesapeake Bay macrobenthos: spatial and temporal patterns. Estuaries **10**: 227–245.

761 Hollowed, A. B., N. Bax, R. Beamish, J. Collie, M. Fogarty, P. Livingston, J. Pope, and J. C. Rice.
762 2000. Are multispecies models an improvement on single-species models for measuring
763 fishing impacts on marine ecosystems? *ICES J. Mar. Sci.* **57**: 707–719.

764 Houde, E. D. 2008. Emerging from Hjort's shadow. *J. Northwest Atl. Fish. Sci.* **41**: 53–70.

765 Hunsicker, M. E., L. Ciannelli, K. M. Bailey, and others. 2011. Functional responses and scaling in
766 predator–prey interactions of marine fishes: contemporary issues and emerging concepts.
767 *Ecol. Lett.* **14**: 1288–1299.

768 Iles, T. C., and R. J. H. Beverton. 2000. The concentration hypothesis: the statistical evidence. *ICES J.*
769 *Mar. Sci. J. Cons.* **57**: 216–227.

770 Jung, A. S., R. Dekker, M. Germain, C. J. Philippart, J. I. Witte, and H. W. van der Veer. 2017. Long-
771 term shifts in intertidal predator and prey communities in the Wadden Sea and consequences
772 for food requirements and supply. *Mar. Ecol. Prog. Ser.* **579**: 37–53.

773 Koons, D. N., F. Colchero, K. Hersey, and O. Gimenez. 2015. Disentangling the effects of climate,
774 density dependence, and harvest on an iconic large herbivore's population dynamics. *Ecol.*
775 *Appl.* **25**: 956–967.

776 Kuipers, B. R., and R. Dapper. 1981. Production of *Crangon crangon* in the tidal zone of the Dutch
777 Wadden Sea. *Neth. J. Sea Res.* **15**: 33–53.

778 Latour, R. J., J. Gartland, and C. F. Bonzek. 2017. Spatiotemporal trends and drivers of fish condition
779 in Chesapeake Bay. *Mar. Ecol. Prog. Ser.* **579**: 1–17.

780 Le Pape, O., and S. Bonhommeau. 2015. The food limitation hypothesis for juvenile marine fish. *Fish*
781 *Fish.* **16**: 373–398. doi:10.1111/faf.12063

782 Le Pape, O., C. Gilliers, P. Riou, J. Morin, R. Amara, and Y. Désaunay. 2007. Convergent signs of
783 degradation in both the capacity and the quality of an essential fish habitat: state of the Seine
784 estuary (France) flatfish nurseries. *Hydrobiologia* **588**: 225–229. doi:10.1007/s10750-007-
785 0665-y

786 Leggett, W. C., and E. Deblois. 1994. Recruitment in marine fishes: is it regulated by starvation and
787 predation in the egg and larval stages? *Neth. J. Sea Res.* **32**: 119–134.

788 Litvin, S. Y., M. P. Weinstein, M. Sheaves, and I. Nagelkerken. 2018. What Makes Nearshore Habitats
789 Nurseries for Nekton? An Emerging View of the Nursery Role Hypothesis. *Estuaries Coasts*
790 **41**: 1539–1550.

791 Ménéard, F., F. Gentil, and J.-C. Dauvin. 1989. Population dynamics and secondary production of
792 *Owenia fusiformis* Delle Chiaje (Polychaeta) from the Bay of Seine (eastern English Channel).
793 J. Exp. Mar. Biol. Ecol. **133**: 151–167.

794 Minto, C., R. A. Myers, and W. Blanchard. 2008. Survival variability and population density in fish
795 populations. Nature **452**: 344–347.

796 Morin, J., P. Riou, C. Bessineton, C. Vedieu, M. Lemoine, S. Simon, and O. Le Pape. 1999. Etude des
797 nourriceries de la baie de Seine orientale et de l'estuaire de la Seine. DRVHRST99-05.

798 Mouny, P., J. C. Dauvin, C. Bessineton, B. Elkaim, and S. Simon. 1998. Biological components from
799 the Seine estuary: first results. Hydrobiologia **373**: 333–347.

800 Myers, R. A., and N. G. Cadigan. 1993. Density-dependent juvenile mortality in marine demersal fish.
801 Can. J. Fish. Aquat. Sci. **50**: 1576–1590.

802 Nagelkerken, I., M. Sheaves, R. Baker, and R. M. Connolly. 2015. The seascape nursery: a novel
803 spatial approach to identify and manage nurseries for coastal marine fauna. Fish Fish. **16**:
804 362–371.

805 Nash, R. D., and A. J. Geffen. 2012. Mortality through the early life-history of fish: What can we learn
806 from European plaice (*Pleuronectes platessa* L.)? J. Mar. Syst. **93**: 58–68.

807 Nash, R. D. M., and A. J. Geffen. 2000. The influence of nursery ground processes in the
808 determination of year-class strength in juvenile plaice *Pleuronectes platessa* L. in Port Erin
809 Bay, Irish Sea. J. Sea Res. **44**: 101–110.

810 Nash, R., A. Geffen, M. Burrows, and R. Gibson. 2007. Dynamics of shallow-water juvenile flatfish
811 nursery grounds: application of the self-thinning rule. Mar. Ecol. Prog. Ser. **344**: 231–244.
812 doi:10.3354/meps06933

813 Norman, C. P., and M. B. Jones. 1992. Influence of depth, season and moult stage on the diet of the
814 velvet swimming crab *Necora puber* (Brachyura, Portunidae). Estuar. Coast. Shelf Sci. **34**:
815 71–83.

816 del Norte-Campos, A. G. C., and A. Temming. 1994. Daily activity, feeding and rations in gobies and
817 brown shrimp in the northern Wadden Sea. Mar. Ecol.-Prog. Ser. **115**: 41–41.

818 Nunn, A. D., L. H. Tewson, and I. G. Cowx. 2012. The foraging ecology of larval and juvenile fishes.
819 Rev. Fish Biol. Fish. **22**: 377–408.

820 Okamoto, D. K., R. J. Schmitt, S. J. Holbrook, and D. C. Reed. 2012. Fluctuations in food supply drive
821 recruitment variation in a marine fish. *Proc. R. Soc. Lond. B Biol. Sci.* rspb20121862.

822 Petracco, M., R. S. Cardoso, T. N. Corbisier, and A. Turra. 2012. Secondary production of sandy
823 beach macrofauna: An evaluation of predictive models. *Estuar. Coast. Shelf Sci.* **115**: 359–
824 365.

825 Pezy, J.-P., A. Raoux, S. Marmin, P. Balay, N. Niquil, and J.-C. Dauvin. 2017. Before-After analysis of
826 the trophic network of an experimental dumping site in the eastern part of the Bay of Seine
827 (English Channel). *Mar. Pollut. Bull.* doi:10.1016/j.marpolbul.2017.02.042

828 Pihl, L. 1985. Food selection and consumption of mobile epibenthic fauna in shallow marine areas.
829 *Mar. Ecol. Prog. Ser.* Oldendorf **22**: 169–179.

830 Pihl, L., and R. Rosenberg. 1984. Food selection and consumption of the shrimp *Crangon crangon* in
831 some shallow marine areas in western Sweden. *Mar. Ecol. Prog. Ser.* **15**: 159–168.

832 Planque, B., C. Loots, P. Petitgas, U. L. F. Lindstrøm, and S. Vaz. 2011. Understanding what controls
833 the spatial distribution of fish populations using a multi-model approach. *Fish. Oceanogr.* **20**:
834 1–17.

835 van Poorten, B., J. Korman, and C. Walters. 2018. Revisiting Beverton–Holt recruitment in the
836 presence of variation in food availability. *Rev. Fish Biol. Fish.* **28**: 607–624.

837 Post, J. R., E. A. Parkinson, and N. T. Johnston. 1999. Density-dependent processes in structured fish
838 populations: interaction strengths in whole-lake experiments. *Ecol. Monogr.* **69**: 155–175.

839 Raoux, A., S. Tecchio, J.-P. Pezy, and others. 2017. Benthic and fish aggregation inside an offshore
840 wind farm: Which effects on the trophic web functioning? *Ecol. Indic.* **72**: 33–46.

841 R Core Team. 2017. R: A language and environment for statistical computing. R Foundation for
842 Statistical Computing, Vienna, Austria. Available at <https://www.R-project.org/>.

843 Reiss, H., S. P. Greenstreet, K. Sieben, and others. 2009. Effects of fishing disturbance on benthic
844 communities and secondary production within an intensively fished area. *Mar. Ecol. Prog. Ser.*
845 **394**: 201–213.

846 Reiss, H., and I. Kröncke. 2004. Seasonal variability of epibenthic communities in different areas of the
847 southern North Sea. *ICES J. Mar. Sci.* **61**: 882–905. doi:10.1016/j.icesjms.2004.06.020

848 Reiss, H., I. Kroncke, and S. Ehrich. 2006. Estimating the catching efficiency of a 2-m beam trawl for
849 sampling epifauna by removal experiments. *ICES J. Mar. Sci.* **63**: 1453–1464.
850 doi:10.1016/j.icesjms.2006.06.001

851 Rochette, S., O. Le Pape, J. Vigneau, and E. Rivot. 2013. A hierarchical Bayesian model for
852 embedding larval drift and habitat models in integrated life cycles for exploited fish. *Ecol. Appl.*
853 **23**: 1659–1676.

854 Rochette, S., E. Rivot, J. Morin, S. Mackinson, P. Riou, and O. Le Pape. 2010. Effect of nursery
855 habitat degradation on flatfish population: Application to *Solea solea* in the Eastern Channel
856 (Western Europe). *J. Sea Res.* **64**: 34–44. doi:10.1016/j.seares.2009.08.003

857 Rogers, S. I. 1994. Population density and growth rate of juvenile sole *Solea solea* (L.). *Neth. J. Sea*
858 *Res.* **32**: 353–360.

859 Romero, E., J. Garnier, G. Billen, A. Ramarson, P. Riou, and R. Le Gendre. 2018. Modeling the
860 biogeochemical functioning of the Seine estuary and its coastal zone: Export, retention, and
861 transformations. *Limnol. Oceanogr.* doi:10.1002/lno.11082

862 Rybarczyk, H., and B. Elkaim. 2003. An analysis of the trophic network of a macrotidal estuary: the
863 Seine Estuary (Eastern Channel, Normandy, France). *Estuar. Coast. Shelf Sci.* **58**: 775–791.

864 Saulnier, E., A. Brind'Amour, A. Tableau, M. M. Rufino, J.-C. Dauvin, C. Luczak, and H. Le Bris. 2019.
865 Seasonality in coastal macrobenthic biomass and its implications for estimating secondary
866 production using empirical models. *Limnol. Oceanogr.* **64**: 935-949. doi:10.1002/lno.11086

867 Savoye, N., A. Aminot, P. Tréguer, M. Fontugne, N. Naulet, and R. Kérouel. 2003. Dynamics of
868 particulate organic matter $\delta^{15}\text{N}$ and $\delta^{13}\text{C}$ during spring phytoplankton blooms in a macrotidal
869 ecosystem (Bay of Seine, France). *Mar. Ecol. Prog. Ser.* **255**: 27–41.

870 Schückel, S., A. F. Sell, I. Kröncke, and H. Reiss. 2012. Diet overlap among flatfish species in the
871 southern North Sea. *J. Fish Biol.* **80**: 2571–2594. doi:10.1111/j.1095-8649.2012.03309.x

872 Schwinghamer, P., B. Hargrave, D. Peer, and C. M. Hawkins. 1986. Partitioning of production and
873 respiration among size groups of organisms in an intertidal benthic community. *Mar. Ecol.*
874 *Prog. Ser.* **31**: 131–142.

875 Selleslagh, J., and R. Amara. 2013. Effect of starvation on condition and growth of juvenile plaice
876 *Pleuronectes platessa*: nursery habitat quality assessment during the settlement period. *J.*
877 *Mar. Biol. Assoc. U. K.* **93**: 479–488.

878 Tableau, A., H. Le Bris, and A. Brind'Amour. 2015. Available Benthic Energy Coefficient (ABEC): a
879 generic tool to estimate the food profitability in coastal fish nurseries. *Mar. Ecol. Prog. Ser.*
880 **522**: 203–218.

881 Tableau, A., H. Le Bris, E. Saulnier, O. Le Pape, and A. Brind'Amour. 2019. Novel approach for testing
882 the food limitation hypothesis in estuarine and coastal fish nurseries. *Mar. Ecol. Prog. Ser.*
883 **629**:117-131. doi: 10.3354/meps13090

884 Tecchio, S., A. T. Rius, J.-C. Dauvin, and others. 2015. The mosaic of habitats of the Seine estuary:
885 Insights from food-web modelling and network analysis. *Ecol. Model.* **312**: 91–101.
886 doi:10.1016/j.ecolmodel.2015.05.026

887 Thiébaud, E. 1996. Distribution of *Pectinaria koreni* Larvae (Annelida: Polychaeta) in Relation to the
888 Seine River Plume Front (Eastern English Channel). *Estuar. Coast. Shelf Sci.* **43**: 383–397.

889 Thiébaud, E., L. Cabioch, J.-C. Dauvin, C. Retière, and F. Gentil. 1997. Spatio-temporal persistence of
890 the *Abra alba-Pectinaria koreni* muddy-fine sand community of the eastern Bay of Seine. *J.*
891 *Mar. Biol. Assoc. U. K.* **77**: 1165–1185.

892 Thiébaud, E., J.-C. Dauvin, and Y. Lagadeuc. 1992. Transport of *Owenia fusiformis* larvae (Annelida:
893 Polychaeta) in the Bay of Seine. I. Vertical distribution in relation to water column stratification
894 and ontogenic vertical migration. *Mar. Ecol. Prog. Ser.* **80**: 29–39.

895 Thiébaud, E., J.-C. Dauvin, and Y. Lagadeuc. 1994. Horizontal distribution and retention of *Owenia*
896 *fusiformis* larvae (Annelida: Polychaeta) in the Bay of Seine. *J. Mar. Biol. Assoc. U. K.* **74**:
897 129–142.

898 Thiébaud, E., J.-C. Dauvin, and Z. Wang. 1996. Tidal transport of *Pectinaria koreni* postlarvae
899 (Annelida: Polychaeta) in the Bay of Seine (eastern English Channel). *Mar. Ecol. Prog. Ser.*
900 **138**: 63–70.

901 van der Veer, H. W. 1986. Immigration, settlement, and density-dependent mortality of a larval and
902 early postlarval 0-group plaice (*Pleuronectes platessa*) population in the western Wadden
903 Sea. *Mar Ecol Prog Ser* **29**: 223–236.

904 van der Veer, H. W., F. Creutzberg, R. Dapper, G. C. A. Duineveld, M. Fonds, B. R. Kuipers, G. J. Van
905 Noort, and J. I. J. Witte. 1990. On the ecology of the dragonet *Callionymus lyra* L. in the
906 southern North Sea. *Neth. J. Sea Res.* **26**: 139–150.

907 van der Veer, H. W., V. Freitas, J. Koot, J. Witte, and A. Zuur. 2010. Food limitation in epibenthic
908 species in temperate intertidal systems in summer: analysis of 0-group plaice *Pleuronectes*
909 *platessa*. Mar. Ecol. Prog. Ser. **416**: 215–227. doi:10.3354/meps08786

910 van der Veer, H. W., J. Koot, G. Aarts, R. Dekker, W. Diderich, V. Freitas, and J. Witte. 2011. Long-
911 term trends in juvenile flatfish indicate a dramatic reduction in nursery function of the Balgzand
912 intertidal, Dutch Wadden Sea. Mar. Ecol. Prog. Ser. **434**: 143–154. doi:10.3354/meps09209

913 van der Veer, H. W., A. S. Jung, V. Freitas, C. J. M. Philippart, and J. I. Witte. 2016. Possible causes
914 for growth variability and summer growth reduction in juvenile plaice *Pleuronectes platessa* L.
915 in the western Dutch Wadden Sea. J. Sea Res. **111**: 97–106.
916 doi:10.1016/j.seares.2015.11.005

917 Venema, S. C., and F. Creutzberg. 1973. Seasonal migration of the swimming crab *Macropipus*
918 *holsatus* in an estuarine area controlled by tidal streams. Neth. J. Sea Res. **7**: 94–102.

919 Vinagre, C., and H. N. Cabral. 2008. Prey consumption by the juvenile soles, *Solea solea* and *Solea*
920 *senegalensis*, in the Tagus estuary, Portugal. Estuar. Coast. Shelf Sci. **78**: 45–50.
921 doi:10.1016/j.ecss.2007.11.009

922 Walters, C. J., and F. Juanes. 1993. Recruitment limitation as a consequence of natural selection for
923 use of restricted feeding habitats and predation risk taking by juvenile fishes. Can. J. Fish.
924 Aquat. Sci. **50**: 2058–2070.

925

Predators



Prey

Food limitation in fish nurseries?

$$\text{Exploitation Efficiency} = \frac{\text{Food Consumption}}{\text{Food Production}}$$

