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A. Robert, B. Rocher, F. Nihoul, T. Monsinjon, Frank Le Foll, et al.. A convenient device for xenobiotic dosing and haemolymph sampling in *Carcinus maenas* (Portunidae, Decapoda). *Journal of Xenobiotics*, 2014, 4 (2), 10.4081/xeno.2014.4903 . hal-02314799

HAL Id: hal-02314799

<https://normandie-univ.hal.science/hal-02314799>

Submitted on 5 Nov 2019

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A convenient device for xenobiotic dosing and haemolymph sampling in *Carcinus maenas* (Portunidae, Decapoda)

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Introduction

The shore crab or European green crab, *Carcinus maenas* (L. 1758), is one of the most widely studied crustaceans in the world and considered a valuable model for ecotoxicological research.^{1,2} Consequently, it has been used to assess the impact of metals,³ pesticides,⁴ xenostrogens⁵ and drugs.⁶ Naturally, shore crabs display a high tolerance to fluctuations of abiotic factors in their environment, which may entail hypoxia, salinity changes or temperature stress (heat-shock and/or cold shock, respectively). They also resist considerably to anthropogenic pollution of the aquatic environment deriving from urban, industrial, agricultural and marine activities. The xenobiotic compounds released in the aquatic environment may either remain dissolved in the water column or accumulate in the sediments from which they can become resuspended and subsequently expose crabs through feeding and water column. As the shore crab occupies a strategic position within the marine food chain, *C. maenas* is also an important vector of contamination.

Generally, three different types of exposures are performed when *C. maenas* is employed as an experimental test organism: i) animals may be exposed to contaminants dissolved in the water body;⁷ ii) chemical substances may be administered via food; or iii) a substance may be introduced into the animal's body by *in vivo* injection.⁸ Accordingly, the amount of any substance to which the animals are exposed may vary and differ considerably from the nominal concentration. Although water or food exposures are environmentally more realistic scenarios, the best control of the dose that effectively enters the animal's body is obtained with the injection procedure. In decapod crustaceans, *in vivo* injections are usually performed through the arthroal membrane at the base of the fourth walking leg with a syringe. A drawback of this treatment is that the crabs experience handling stress including short-term exposure to atmospheric air with subsequent reemersion. This may affect the

physiological parameters that are going to be measured following exposure to a test-substance. Also, the injection as well as the sampling of haemolymph bears the risk of triggering leg autotomy. Those drawbacks lead us to develop a new method of injection and haemolymph sampling in order to reduce stress factors, which may affect the physiological responses of the crabs to xenobiotic exposure. Here we describe a system that allows convenient and quick injection and sampling of haemolymph without any air exposure.

Materials and Methods

Individuals of *C. maenas* were collected at a subtidal sampling site at Roscoff Biological Station, Roscoff, France, located on the northern coast of Brittany. Male intermoult crabs with 65 ± 5.5 mm carapace width were selected for experimentation. After transfer to the laboratory, animals were placed in filtered and aerated seawater of 35 ± 2 mS conductivity at a temperature of 9°C. The climate chambers were maintained on a 12 h light-dark cycle (07:00 a.m.-07:00 p.m.). Shore crabs were fed with mussels, *Mytilus edulis*, collected at Yport, France, every second day. The crabs were allowed to acclimate to these conditions for seven days, after which the injection/sampling device (see below) was placed. Crabs were acclimated to this device for another seven days before the onset of experiments.

Animals were used for experimentation 48 h after the last feeding in order to stabilize glycaemia as the haemolymph glucose level served as a proxy for a stress response. This stress related hyperglycemia is supposed to be mediated through the crustacean hyperglycemic hormone.⁹ Crabs were kept throughout the administration of a model chemical compound and haemolymph sampling inside a pierced plastic container with saline water at a height just about to cover the carapace sufficiently so as to maintain the animals submerged in water, but to be able to conduct injections and samplings from above the water surface. This procedure was compared to conventional injection and sampling *via* the arthroal membrane of the fourth paraeopod, with injection at the right and sampling at the left paraeopod, at otherwise identical conditions. For this method it was, however, necessary to take the crabs out of water after which they were replaced into their container.

The injection device consists of a plastic cone made of ordinary 200 μ L and 1000 μ L pipette tips. The 200 μ L tips of 50 mm length are cut into four pieces of 10 to 15 mm length and mounted with each part forced into the other (Figure 1A). An external supporting ring is cut out of a 1000 μ L pipette (Figure 1B).

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Key words: injection device, sampling, hemolymph, glycaemia, crab.

Acknowledgements: this work was financed by the EU Interreg IVA programme Peptide Research Network of Excellence (PeReNE).

Conference presentation: *ECOBIM meeting*, 2014 May, Brest, France.

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Journal of Xenobiotics 2014; 4:4903
doi:10.4081/xeno.2014.4903

This element is indispensable to maintain the cone onto the carapace of the crab. To fix the injection device, crabs are placed on ice for 5 min in order to anesthetize them and a hole of 0.8 mm in diameter is drilled into the carapace above the pericardial sinus. Subsequently, the injection device is inserted into the hole and glued to the dry carapace by epoxy (Sader, France), which is hardened for at least one hour before the animals can be returned into the water. For the injection of the test substance and the sampling of haemolymph, a polypropylene 1 mL syringe (Dutscher, France) with a G25 5/8 needle (0.5 mm in diameter and 16 mm in length) is inserted into the cone, whilst keeping crabs submerged.

Two different experiments were carried out in order to assess i) the distribution efficiency of the injection device as compared to the conventional method; and ii) the stress level caused by hemolymph sampling through the injection device as well as through the arthroal membrane of the fourth paraeopod. In the first experiment 50 μ L indigotine color (E132) was injected either through the injection device or *via* the right fourth paraeopod. The distribution of the colorant was traced by collecting 50 μ L of hemolymph from the left fourth paraeopod for both means of injection at 5 min, 10 min, 15 min, 30 min, 45 min, 60 min, 90 min and 120 min after injection and spectrophotometric reading at 608 nm (Libra S22, Biochrome, UK). In the second experiment the blood glucose level was followed over a 12 h day period by sampling 100 μ L haemolymph every 2 h *via* the injection device or *via* the conventional sampling at the right fourth paraeopod. Haemolymph was snap-frozen without anticoagulant and stored at -20°C until further processing. The glucose

content was determined using a glucose assay kit (Biochain, USA), which was adapted for use with crustacean haemolymph. Briefly, 25 μL haemolymph was mixed with 200 μL of O-toluidine, then heated at 95°C for 8 min and cooled at 4°C for at least 4 min. Samples were then transferred to a 96 well plate (Nunc, France) and the colorimetric reaction was read (Infinite M200, Tecan, Switzerland) at 630 nm. A standard curve ranging from 0 to 37.5 mg/dL was obtained with glucose standard (Biochain, USA).

Results and Discussion

The relative intensity of haemolymph coloration over a two hours time-course is presented in Figure 2. For the conventional injection procedure via the paraeopod, hemolymph coloration increased over the first 15 min after injection, with no coloration detected at 5 min and about half of the maximal coloration reached after 10 min. From 15 min onwards coloration remained steady until about 90 min, followed by a slight decrease towards the end of the experiment. The results obtained by using the injection device essentially showed a similar pattern, but a considerably more rapid distribution of the colorant could be noted as 40% coloration was reached already at 5 min. The trend towards a lesser coloration at the end of the experiment also became visible. However, the values display a somewhat higher variability than those obtained for injection through the paraeopod. This, most likely, is due to methodological or biological variation rather than to the method itself. Notably, after 45 min the haemolymph became increasingly turbid, a phenomenon that might have affected the spectrophotometric measurements. In summary, both injections methods appear to assure substance distribution throughout the animal's body in an efficient manner, however, with the injection device allowing for a faster circulation of the test substance. This can become important, in particular, for investigating rapid responses to a contaminant.

The course of the haemolymph glucose level in crabs over a period of 12 h is shown in Figure 3. Despite obvious individual variation in glucose levels, conventional injection resulted in quite noisy pattern of glucose levels with apparent up- and down-regulations of glycaemia (Figure 3A) translating into increased glucose levels at the two first samplings and oscillating around the initial level at $t=0$ (arbitrarily set at 1; Figure 3B). The initial increase in glycaemia was also observed for *C. maenas* when exposed for 2 h to air.¹⁰ On the contrary, sampling of haemolymph through the injection device exhibited much more stable glucose levels, albeit at different levels for the different

individuals (Figure 3C). If compared to the level at the beginning of the experiment ($t=0$), only minimal changes can be observed (Figure 3D). Also, the individual variability was rather marginal. We therefore hypothesize that the considerably higher variation ($>200\%$, with a coefficient of variation of 30%) obtained with injections through the arthrodistal membrane of the paraeopod are due to handling stress to which the animal responds by mobilizing glucose. On the other hand, sampling through the

injection device leads to minimal stress of the animal resulting in glycolytic homeostasis. Notably, by using the injection device crabs remain submerged, which eliminates air stress on animals, this being a means of avoiding confounding factors when measuring the effect of a xenobiotic. It should also be noted that, in contrary to results reported in the literature, glycaemia was devoid of any endogenous rhythm, at least during the day, as has been demonstrated for some decapod crus-

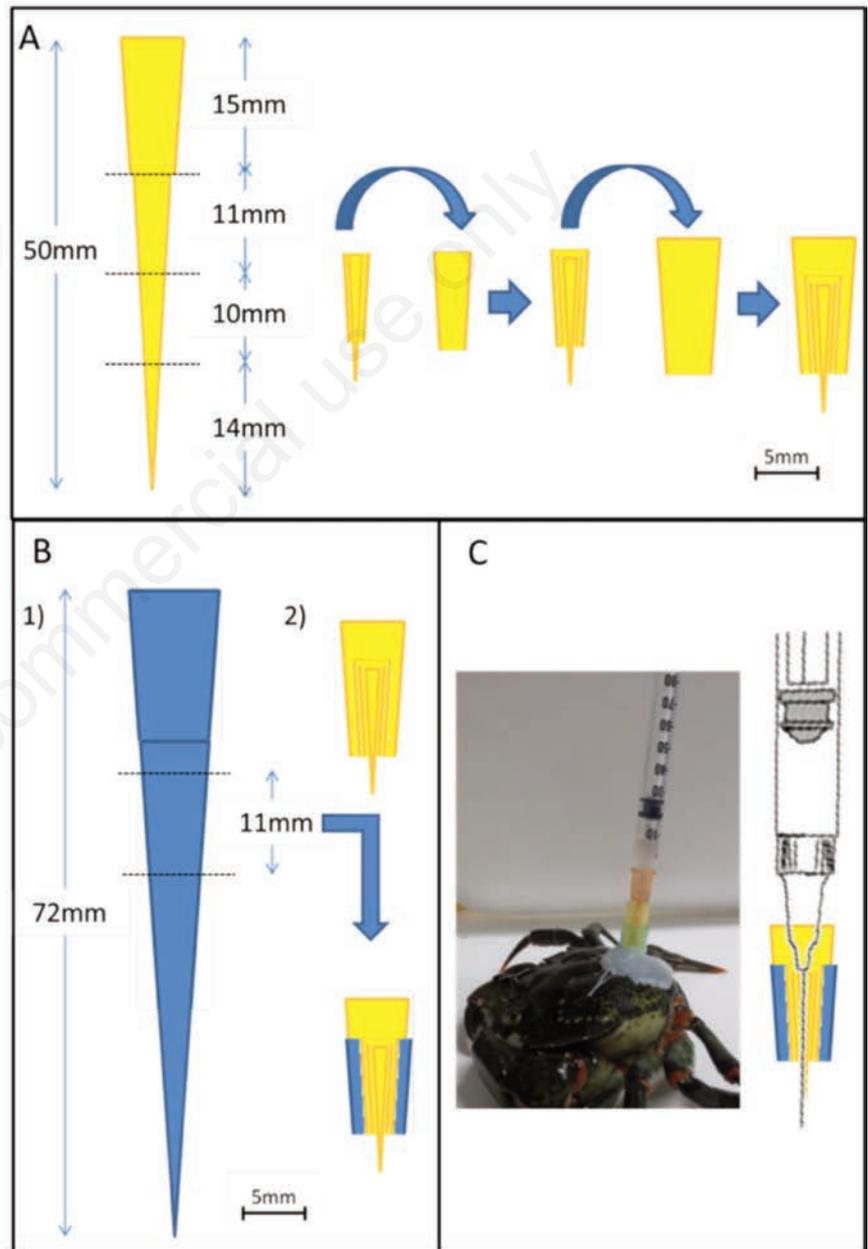


Figure 1. Injection device: graphical depiction of fabrication using 200 μL and 1000 μL pipette tips. A) Cutting and assembly of parts derived from the 200 μL tips. B) 1. Withdrawal of an 11 mm middle section from a 1000 μL tip and 2. completion of the injection device. C) Shore crab equipped with injection device fixed with epoxy on his carapace and schematic representation of the inserted syringe.

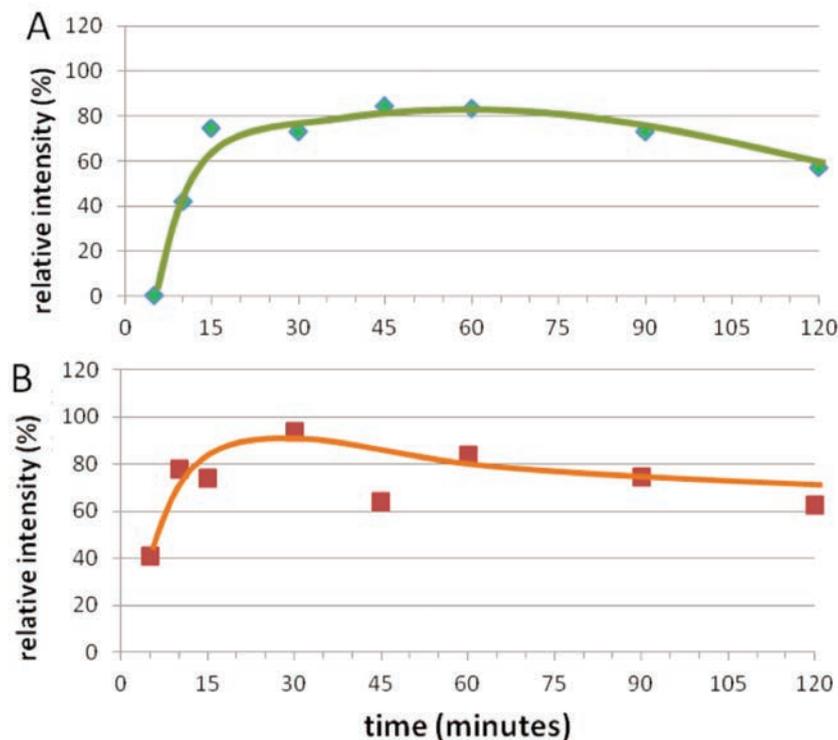


Figure 2. Relative intensity of indigotine color (E132) in crab haemolymph. A) Lateral injection ($t=0$) and contra-lateral sampling through the right and the left fourth paraeopod, respectively. B) Dorsal injection through the injection device ($t=0$) and lateral sampling at the left fourth paraeopod.

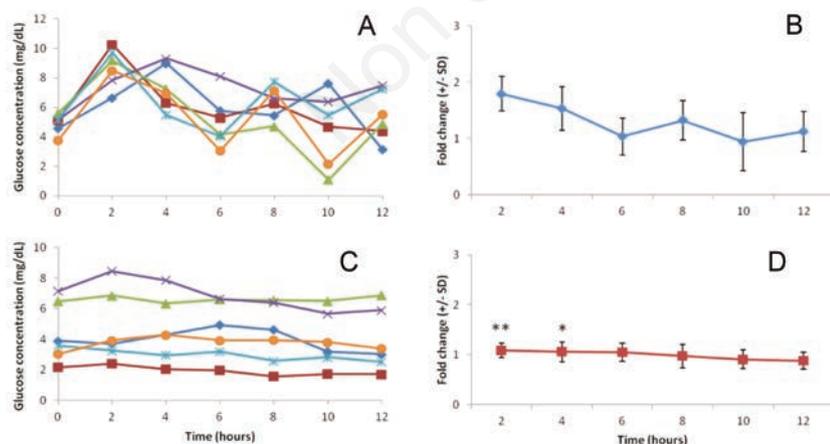


Figure 3. Variations of haemolymph glucose in crabs over a 12 h light cycle. A) Glucose levels of individual crabs after sampling via the fourth paraeopod; B) fold change in glycaemia after sampling via the fourth paraeopod ($n=6$, means \pm SD); C) glucose levels of individual crabs after sampling via the injection device; D) fold change in glycaemia after sampling via the injection device ($n=6$, means \pm SD). Significance compared with control determined by t-test * $P<0.05$, ** $P<0.01$.

taceans.^{11,12} This, most likely, is an effect of the acclimation to the experimental conditions including the injection device. It is understood that this method of dosing contaminants and reducing the influence of some important confounding factors represents a highly artificial system. The effects that may be observed using the injection device are likely to be less influenced by secondary parameters, but at some point they will have to be validated by moving towards more environmentally realistic exposures.

Conclusions

The present study demonstrates that the injection device is a suitable method for *in vivo* injection in ecotoxicological studies using crabs and other decapod crustaceans. Its significant advantage is that it allows for precise dosage of the compound of interest and that it largely reduces handling stress, which may confound the effects induced by the compound to be tested. It therefore represents an essential prerequisite to assess reliable effects. Furthermore, the substance injected through the injection device has a rapid diffusion rate, which potentially permits to investigate early responses. Eventually, the injection device is a convenient means, which greatly facilitates sampling of haemolymph at frequent intervals.

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